

ST MICHAEL'S SCHOOL

BASSENDEAN (EST 1914)



Newsletter #1
Term 1 Week 1
Friday 3 February 2023

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*St Michael's School is a
school community founded
by the Sisters of Mercy in
1914.*

*We aspire to be a secure,
caring learning environment
where commitment to Faith,
Truth, Service and
Compassion are encouraged
as a way of life.*



PRINCIPAL'S MESSAGE

Dear Parents and Caregivers,

Welcome back to the 2023 school year! I hope you all had a wonderful Christmas and enjoyed the holiday period. The staff and I are excited to begin another wonderful year with you and your precious children. It was a delight to see all our students arrive for school on Wednesday with such vibrant enthusiasm and bright, happy smiles. It was particularly exciting to welcome our very first St. Michael's three year old's on Thursday!

New families and staff

I would like to extend a warm welcome to all our new families and staff who are joining our St. Michael's family. We are thrilled to have you all as part of our community and I hope that you will create some wonderful memories during your time with us! A very special welcome to our three year old students and their families who have helped us to create an historic moment at St. Michael's with the commencement of our three year old program (3YOP)!

In terms of new staff, we are excited to welcome our Acting Assistant Principal, Mrs Jo Borg. Jo comes to us on secondment from Holy Cross College, Ellenbrook. We also welcome Mrs Peta Santella (Finance and Office Manager), Mrs Stephanie Fardig (Year 3 teacher), Miss Taylia Kenny (PP Education Assistant), Mrs Suzette Teixeira (Education Assistant) and Mrs Lynda Gorton (3YO Education Assistant). We also welcome back for a short time, Mrs Ebonie MacKenzie and Mrs Jane Forsey. Unfortunately, Mrs Rochelle Albert (music teacher) resigned over the holidays and Ebonie will be filling in for 6 months until we can appoint someone into the permanent role. Mr Rob Coughlan will be on leave for the duration of Term 1 and Jane will be teaching Science until his return in Term 2. We also have a new Italian teacher provided through the Italo - Australian Welfare and Cultural Centre, Signora Fiona Cole. We hope all our new staff will thrive during their time at St. Michael's!



Parking

I have been asked by the Bassendean 55Plus Group to remind parents not to park in the carpark at the front of the Town of Bassendean hall on James St. This carpark is reserved for their patrons, many of whom are frail and advanced in years. Please follow the school pick up procedure by joining the moving line of traffic. This also helps to maintain child safety by ensuring students are not running across traffic to get to your car. Thank you for your courtesy towards our more senior community members.

Parent Information Night

A reminder that parent information night will be held next week on Monday 6 February. We will be holding two repeated parent information sessions in each classroom at 5.30pm and 6.15pm. A reminder that parent information night is an adult only event - please organise someone to mind your children. If you have no alternative but to bring them, they must sit with and be supervised by their parents.



Reducing Waste

Recently, we have had to alter our waste procedures due to changes at the Town of Bassendean. We now need to be more vigilant in recycling and reducing our waste, not only from an environmental perspective, but also for financial and hygiene reasons. Our general waste bins will now only be emptied once per fortnight so it is vital we reduce our school waste. We have new coloured bins in classrooms and are teaching students how to use these to recycle more and generate less general waste. We are also asking for parent support by requesting that parents do not send food to school in packaging, for example, rather than sending a packet of Tiny Teddies in the packet, please empty the contents of the packet into a lunchbox compartment or a reusable container and dispose of the packaging at home. Any packaging sent to school will be sent home again in your child's lunch box for you to dispose of. Thank you for your support and assistance with this important issue. On the following page are some ideas for packing healthy lunch boxes without disposable packaging.



***** Please also be aware of the moisture sachets, for example, contained in seaweed packets. For the safety of students and Donnelly we ask that these are removed and not sent in to school*****

Assistant Principal Roles and Process to Address Concerns

A reminder that each Assistant Principal manages an area of the school. Mrs Jo Borg oversees 3YOP to Year 2 and co-ordinates curriculum across the school. Mr Michael Sheridan manages Years 3 – 6 and co-ordinates Religious Education and administration (such as policies etc). Should you have queries or concerns regarding your child, your first port of call should be their teacher, however, if you have further concerns after consulting with the teacher, please feel free to make an appointment to speak with the appropriate Assistant Principal, after which you may request an appointment with myself. Don't forget to refer to the Assistant Principals' section of each newsletter for updates on events and school operations.

Middle Leadership Roles

This year, Miss Meadhbh Glasgow-Collins continues in her role as early childhood co-ordinator and Miss Nat Pin will be our special needs co-ordinator.

Principal's Secretary and Email Address

Once again this year, Mrs Lisa Grazia will be working in the role of Principal's Secretary. Lisa's work days are Monday to Thursday and she manages my calendar and email. Any parents wishing to email or make an appointment with myself are asked to use the following address: principal@stmichaelsbass.wa.edu.au.

2023 Kindergarten and 3 Year Old Program (3YOP)

We still have places available in our 2023 Kindy class and 3YOP. If you know of anyone who may be interested, please encourage them to email reception: admin@stmichaelsbass.wa.edu.au or 6278 9888.

Assemblies on Thursdays in 2023

This year we will be moving assemblies to a Thursday morning. The various principal meetings that I need to attend are generally held on Fridays to accommodate regional principals. As a result, I have found more and more that I was unable to get to our assemblies to present merit certificates to the students which is not ideal. Hence, after consultation with staff, we decided to move assemblies to Thursday mornings at 9am.

St. Michael's Land Acquisition

I am delighted to announce that settlement of the property at 16 Hamilton St (which is adjacent to our basketball courts) was successfully completed on 10 January and this property now belongs to St. Michael's. The CEWA capital development process is a slow one so we will need to be patient as any development will take several years, however, we will keep you in the loop in regards to this exciting project. At the moment we are investigating our options to rent the property during the initial phases of the capital development process to gain some income for the school until we can commence development.

Uniforms

Please note that we are phasing out our white socks at the uniform shop. Once stock runs out, we will be no longer be stocking girls white socks or the sports socks. It is becoming too costly at a small school to order socks in such large minimum quantities from our suppliers. Hence, once stocks run out we encourage parents to purchase plain white socks for girls at major retail stores and both boys and girls can wear plain white ankle sports socks with their sports uniform. The only socks to be stocked at our uniform shop in the future will be our boys grey summer socks.

School Start Time and OSHClub

A reminder for parents when organising work arrangements, that before school supervision commences at 8.20am. The school gates open at 8.20am and, therefore, students cannot be dropped off or arrive at school prior to this time. We ask parents to organise their working arrangements accordingly or make use of the OSHclub (who we partner with for your convenience) if you require before or after school care. Please contact OSHclub on 0427 945 406 or stmichaels@oshclub.com.au.

Principal's Vision and Code of Conduct

The start of a new year is a timely opportunity to, once again, share with you my vision for St. Michael's and the values that I hold dear, as it is up to all of us to work together to create a supportive environment for our students.

My vision for our school is a place where:

- we are a Christ-centred and child-focused community of faith;
- every child can flourish;
- enthusiasm for learning is fostered in students, staff and parents;
- students are supported to discover and their gifts and talents and what makes them special;
- everyone feels welcomed, included, accepted, safe and loved;
- students are provided with a wide range of quality experiences to help them develop physically, emotionally, socially, spiritually and academically;
- students can feel engaged in learning;
- staff and parents can work collaboratively and in partnership with each other to achieve the best outcomes for students; and
- open and respectful communication and a positive culture exist.

I invite all our community members to actively and positively engage with us in the education of your most precious gift/s, your child/ren, through the variety of opportunities that are available for parent involvement. We value your presence and your ideas!

To help ensure that all community members positively contribute to our school, we have in place a Code of Conduct. The School Code of Conduct can be found on its own dedicated page on our website: <https://www.stmichaelsbass.wa.edu.au/codeofconduct.html>. Both staff and parents are required to adhere to this code at all times to ensure both the safety of students and that all members of our community are treated with respect and dignity. Please take some time to familiarise yourself with this document.



The foundation of our Code of Conduct is based on child protection principles and modelling healthy, respectful relationships for students. At the start of each year, we revisit the Code of Conduct with staff, who all complete an online child protection/mandatory reporting refresher course. Regular relief teachers, visitors must complete this online course annually as well as members of the School Advisory Council and P&F Executive. In addition to this, St. Michael's implements the Safe4Kids program from Kindergarten to Year 6 to explicitly teach students protective behaviours. It is also timely to remind parents that vigilance around child safety is the responsibility of us all and if you observe behaviours by any person on the school site that contradict the Code of Conduct or resemble grooming behaviour, you should contact me immediately in person or via phone: 6278 9888. If I am not available, please contact an Assistant Principal or we now have a form on our website (at the link above) where members of the community can report a code of conduct breach online.

Wishing you and your family a joyous, successful and fulfilling year!

Dr Siobhan Galos

Principal

principal@stmichaelsbass.wa.edu.au



To every student at St Michael's

You are a valued member of our school community.

We are committed to **knowing you** deeply and supporting you to be yourself.

Caring for your **safety** and **security** are our priorities.

We are dedicated to helping you **know God**.

We strive to create a **welcoming**, **joyful** and **engaging** learning environment where you are inspired to use your gifts and talents to **play**, **think**, **imagine** and **create**.

In **partnership** with you and your family, we encourage you to be your best and become a **confident** and **empowered** learner.

**You are one of a kind,
and you matter to us.**



STAFF LIST 2023

Dr Siobhan Galos	Principal
Mr Michael Sheridan	Assistant Principal R.E & Admin / PE teacher / EMU
Mrs Jo Borg	Assistant Principal Curriculum / 3YOP Teacher
Ms Peta Santella	Finance & Office Manager
Mrs Lisa Grazia	Principal's Secretary
Mrs Michelle Buchan	Student Enrolment Officer
Ms Lynda Gorton	3YOP Education Assistant (EA)
Mrs Neala Welch	Kindergarten Teacher
Mrs Joanne Richards	Kindergarten EA
Mrs Lesley Schnell	Kindergarten EA
Ms Laura Marzo	Pre-primary Teacher
Miss Taylia Kenny	Pre-primary EA
Miss Meadhbh Glasgow-Collins	Year 1 Teacher/ ECE Co-ordinator
Miss Nat Pin	Year 2 Teacher/ SWD Co-ordinator
Mrs Stephanie Fardig	Year 3 Teacher
Mr David Caddy	Year 4 Teacher
Miss Nina Campagna	Year 5 Teacher
Miss Emily Hindle	Year 6 Teacher
Miss Natalie Brescacin	Literacy Support Teacher
Mrs Lola Stewart	Students with Disabilities (SWD) EA
Mrs Rosemary Mumme	EA and Minilit
Ms Suzette Teixeira	EA and Macqlit
Mr Rob Coughlan	Science Teacher
(Mrs Jane Forsey Term 1)	
Mrs Ebonie MacKenzie (Sem 1)	Music Teacher
Mrs Renee Vassiliou	Visual Arts Teacher
Signora Fiona Cole	Italian Teacher
Mrs Lisa Mueller	Social Worker
Mrs Linda Ford	Canteen Co-ordinator
Mrs Vicki Stenning	Library Technician
Mrs Tania Falappi	Uniform Shop Co-ordinator

NEW STAFF IN 2023



L-R:

Donnelly - Wellness Dog

Mrs Jo Borg - Assistant Principal & 3YOP Teacher

Mrs Stephanie Fardig - Year 3 Teacher

Mrs Peta Santella - Finance Officer



L-R:

Miss Taylia Kenny - Pre-primary Education Assistant

Mrs Suzette Teixeira - Education Assistant

Mrs Lynda Gorton - 3YOP Education Assistant

Father Anthony Surresh, our new Parish Priest will join us next month.

Ebonie MacKenzie will be the Music Specialist in Semester 1 &

Jane Forsey will be the Science Specialist in Term One.

WELCOME DONNELLY!

We were all very excited on Wednesday to introduce our wonderful new addition to our school - 'Donnelly' the wellness dog!

Donnelly arrived at our school with our new finance manager, Mrs Peta Santella. Donnelly is a cavoodle therapy dog who has supported students at his previous schools, Loreto, Nedlands and St. Columba's, Bayswater.

Wellness dogs are becoming more common in schools to support students' well-being, promote a sense of belonging at school, reduce stress and anxiety, and even facilitate learning. A wellness dog will be another strategy that we can draw upon in order to reduce anxiety in students. We know pets are kind, nonjudgmental and a great companion to share and care with. Our wellness dog will always be your friend!

The benefits of a wellness dog at school are endless. They can reduce stress, anxiety, depression, ease loneliness, encourage exercise and playfulness and even improve cardiovascular health. Caring for a dog can help children grow up more secure and active while providing valuable companionship.

Our School Wellness Dog Guidelines are available on our website. On Wednesday we taught students our behaviour expectations in relation to Donnelly using a 4 step method which is summarised below and also available in full on our website:

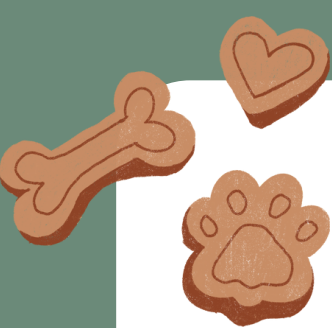
1. **Approach:** from the front or side of Donnelly
2. **Introduce:** by offering the back of your hand for Donnelly to sniff
3. **Pat:** gently pat Donnelly's back or chest
4. **Goodbye:** say good bye to allow other students to interact with Donnelly (maximum 3 students around the dog).



Other expectations for the whole community to ensure Donnelly's safety include:

- ensuring our school gates are closed
- not feeding Donnelly
- being vigilant about not leaving food scraps or wrappers around the school

We hope you are all as excited as the staff and students are to have this very special new member of our St. Michael's family!



WELLNESS DOG FAQs

Are dogs now allowed in the school?

No, dogs are still not allowed on the school grounds. The wellness dog is specially selected therapy dog.



Where will the dog be during the day?

Donnelly will be onsite during school hours under the care of his owner or handler/s. Donnelly will visit classrooms or spaces around the school as needed during the day and will particularly be used in the St. Joseph's Hub and with the social worker. Donnelly will also spend time in the administration area for rests.

What will be the job of the wellness dog?

Some of Donnelly's roles will include:

- Being with individuals or small groups of children to provide comfort.
- Going for a walk by identified children to reduce their anxiety.
- Joining classroom sessions to listen to children's speeches or reading.
- Supporting students in any emotional situation.

What if my child is scared or has an allergy to dogs?

The students' safety is our highest priority. Cavoodles are a hypoallergenic dog breed. Due to their distinct coat, they shed little to no hair. With their low-shedding and little drool, cavoodles are unlikely to incite an allergic response. Prior to entering the classroom, the handler will check to see if any child is afraid or allergic to the dog. The handler will request permission from the teacher whether to enter the classroom or not and will check how long Donnelly can stay for. The handler will stay for the classroom visit if requested by the teacher. The dog will not be left alone with any student at any time and all of the students have been explicitly taught about safety around dogs prior to being introduced to Donnelly. We have taught the students our 'Approach, Introduce, Pat, Goodbye' method. If your child is scared of dogs, please let your child's class teacher know and we will make appropriate adjustments. However, we are confident that Donnelly's friendly and placid nature will make students feel more comfortable around him in no time!



IMPORTANT DATES 2023

Please note these important dates for the 2023 school year. In particular, our parent information evening on Monday night:

Term 1

Parent Information Night: Mon 6 Feb (Week 2) Sessions at 5.30pm & 6.15pm

P&F Welcome Event: Fri 10 Feb

Term 2 Finishes: Thurs 6 April

Term 2

Catholic Day (School Closed for students and staff): Mon 24 April

ANZAC Day Public Holiday: Tues 25 April

Student Free Day: Wed 26 April

Students Commence Term 2: Thurs 27 April

Term 2 Finishes: Fri 30 June

Term 3

Student Free Day: Mon 17 July

Students Commence Term 3: Tues 18 July

Term 2 Finishes: Fri 22 Sept

Term 4

Student Free Day: Mon 9 Oct

Students Commence Term 4: Tues 10 Oct

Term 4 Finishes for students: Fri 8 Dec

Sacraments

Our sacramental dates are to be confirmed by the parish, but are penciled in our calendar on the following dates:

Sacramental Commitment Masses (Yrs 3, 4 & 6): Sat 18 & Sun 19 Feb (Parish Weekend Masses)

Reconciliation (Year 3)

Reconciliation Parent Workshop: Mon 27 Feb 5pm

Reconciliation Ceremony: Wed 1 March 5pm

First Eucharist (Year 4)

First Eucharist Parent Workshop: Mon 15 May 5pm

First Eucharist Ceremony: Sun 21 May 10.30am

Confirmation (Year 6)

Confirmation Parent Workshop: Mon 12 June 5pm

Confirmation Ceremony: Sun 18 June 10.30am



FAITH FOR THE JOURNEY

Lord,
Bless our clocks and watches,
You who kindly direct us to observe the passing of minutes and hours.
May they make us aware of the miracle of each second of life we experience.
May these, our ticking servants,
Help us not to miss that which is important,
While you keep us from machine-like routine.
May we ever be free from being clock watchers and instead become time lovers.

Bless our calendars,
These ordered lists of days, weeks and months,
Of holidays, holy days, fasts and feasts,
All our special days of remembering.
May these servants, our calendars,
Once reserved for the royal few,
For Magi and priests,
Now grace our homes and our lives.
May they remind us of birthdays and other gift-days,
As they teach us the secret that all life
Is meant for celebration and contemplation.

Bless, Lord, this New Year,
Each of its 365 days and nights.
Bless us with full moons and new moons.
Bless us with happy seasons and a long life.
Grant to us, Lord, the new year's gift;
A gift of love.
Amen.



PUPIL FREE DATES 2023



7 March
24 April
26 April
17 July
9 October

KEY DATES- TERM ONE

6 February	Parent Information Night 5:30 & 6:15pm
9 February	Whole School Assembly
10 February	P&F Welcome Event
17 February	Gymbus Commences (Kindergarten to Year 4)
18 & 19 February	Sacramental Commitment Mass
22 February	Ash Wednesday Mass
27 February	Reconciliation Parent Workshop 5pm
27 February	P&F Meeting 7:15
1 March	Reconciliation (Year 3)
6 March	Labour Day Public Holiday
7 March	Pupil Free Day
16 March	Swimming Carnival (Years 3-6)
21 March	Harmony Day
6 March	Term One Concludes

ASSISTANT PRINCIPALS' NEWS



Safe and Happy School Drop Off

We've had an incredibly smooth start to the school year which is a testament to the careful preparation by both parents and teachers on easing this transition time for all children. A friendly reminder for all families that the marked yellow zones on James Street are for kiss-and-drop only, **please do not park in the yellow zones and exit your vehicle.**

Connecting to Seesaw

Our Seesaw Learning Journals completed a rollover and students should now be automatically connected to their new teacher and class for 2023. Parents are asked to install the Seesaw application to view teacher messages and activities completed by their child/ren throughout the year. All year level teachers use the Seesaw App to share and engage students in learning at school, and with parents via the inbox feature. If you have not yet connected to your child's Seesaw Learning Journal, please contact your class teacher who will be able to support you.

Uniform

Thank you to all families who continue to support our school's mandatory uniform policy. It is wonderful to see so many students proudly wearing their summer uniforms correctly. Please note that girls hair accessories should be in school colours only and boys shirts should be tucked in upon arrival to school. Y1-6 students need to be wearing black leather school shoes (not black sneakers) on their non-sport days. Please ensure your child's uniform is in good condition and refrain from adding or substituting non-uniform items e.g. green leggings. All teachers have communicated with parents which days are for summer uniform, sports uniform and faction uniform and we thank parents in advance for adhering to their child's schedule.

Our Uniform Shop manager, Mrs Tania Falappi is available to assist families with uniforms on **Tuesdays and Fridays 8:30-9:00am by appointment only.** All uniform orders need to be completed online via QuickCliq.



Extra-curricular Opportunities

St Michael's offers a variety of academic intervention and extension programs in addition to high-quality, differentiated classroom instruction:

Enrichment Program

St Michael's continues to offer an extension program throughout 2023 for students who require learning enrichment in addition to differentiation made in the classroom. The focus for our Enrichment Program alternates each term so that different abilities and interests can be catered for. In 2023, extension topics will include Information and Design Technology, Scientific Inquiry and Magnificent Mathematicians. Mrs Borg will contact the parents of the upper primary students each term who have been identified through their results from the AGAT (Australian General Ability Test) assessment or by teacher assessment for inclusion into the Enrichment Program.

Intervention Programs

St Michael's is proud to offer a variety of robust learning support programs that complement the differentiated instruction occurring in classrooms. Academic Intervention programs will commence in the coming fortnight after a period of assessment and identification. Parents will be contacted if their child is offered a spot in these additional learning programs.

Other extra-curricular programs on offer at St Michael's include;

- *The Joey Art Program - an Art therapy inspired program for students with additional needs*
- *The Brave Program - a social-emotional program designed to reduce anxiety and amplify positive thinking in young people*
- *St Michael's Choir - an opportunity for interested upper primary students to practice their vocal skills and more to come...watch this space!*

Instrumental Programs

- *One of our talented parents, Mr Jonathon Fernandes, offers private music lessons for students wanting to learn the guitar or keyboard. Contact Jonathon for more information on 0439917288*
- *This year we are partnering with Musicorp to offer music lessons for students wishing to learn other instruments such as the flute, violin, trumpet, saxophone or electric drums and more. For more information go to www.polygon.ws/lessons*

Parent Information Night
Monday, February 6
5:30pm & 6:15pm

Warm regards,
 Mrs Jo Borg and Mr Michael Sheridan
 Assistant Principals

CANTEEN NEWS



Calling for Canteen Volunteers

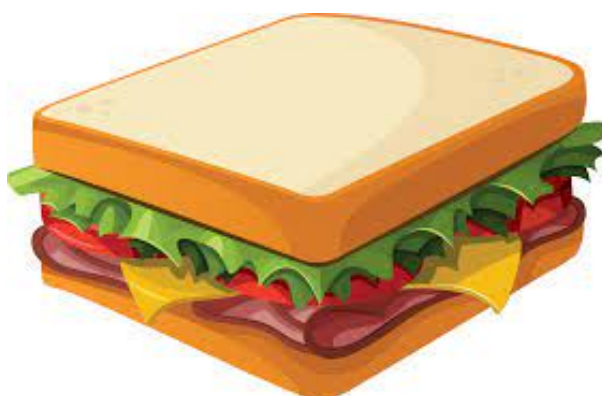
Are you available to assist our Canteen Manager, Linda Ford, to prepare canteen orders once a term?

Friday mornings from drop off to 1.00pm.

Please contact the school office on 6278 9888 or email admin@stmichaelsbass.wa.edu.au for more information or to volunteer for the roster.

The canteen menu remains the same as last year.

Thank you for your ongoing support.



WELLBEING



As part of our pastoral care at St Michael's we have a school social worker, Lisa Mueller, who works with students, families and staff to support your child's wellbeing. School social workers provide interventions regarding a wide range of social, school, family and emotional issues that may impact negatively on school engagement and learning.

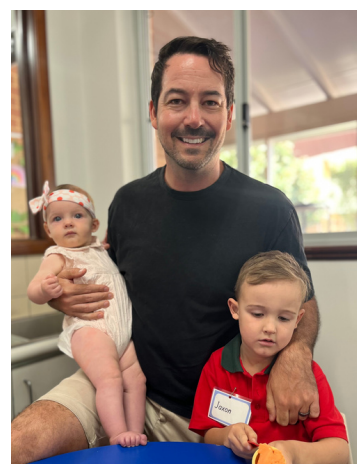
Lisa is available on Mondays and Wednesdays at school and is happy to meet or talk with you if you have concerns about your child's emotional wellbeing and/ or if you feel they are needing support. Parenting is full of challenges and life has many unexpected bumps in the road, so there may be times when you need support. Please remember this service is available

If you would like to speak with Lisa please either call her on a Monday or Wednesday, or email her on Lisa.Mueller@cewa.edu.au to arrange a time to meet.

Circle of Security

If you are interested, there is an 8 week program for parents focusing on supporting and strengthening parent-child relationships. It is not just the behaviour the child is displaying, but techniques to assist you to understand and respond to your child's behaviour that makes this a unique parenting program. This is a free program funded by the Mental Health Commission. Please ask for more information if you are interested.

WELCOME BACK EVERYONE



PARENTS & FRIENDS NEWS



St Michael's Parents and Friends Association

Email: stmichaels.pandfassociation@gmail.com

Facebook page: <https://www.facebook.com/profile.php?id=100070382102552>

PARENTS & FRIENDS NEWS



WINE FUNDRAISER ST. MICHAEL'S SCHOOL P&F



Place Your Order At The Following Link:

<https://wacellars.com.au/fundraising/st-michaels-school-pf-association/>

By purchasing some incredible Australian wines our friends at WA Cellars will donate \$36.00 per case or \$3.00 per bottle sold from this fundraising page right to the St Michael's School P&F Team for school community development.

RED & WHITE WINES	
Margaret River Semillon Sauvignon Blanc	Tropical fruits and fresh citrus aromas, on the palate displays of stone fruits accompanied with refreshing citrus acidity finish.
Margaret River Sauvignon Blanc	Lifted aromas of cut grass, subtle citrus, and underlying gooseberry. Palate flavours include passionfruit, and lemon zest.
Clare Valley Moscato	This is a lighter bodied wine with rich, fresh summer fruits and grape flavours on the palate, with a sweet muscaty characteristic to it.
Southwest Chardonnay	Flavours of rock melon, peach and hazelnut carry through on the palate with a creamy texture and a soft, mouth-watering acidity.
Margaret River Rose	The palate is full of wild ripe strawberries with a fleshy mid palate and bright acid profile. Great Dry style Rose.
Margaret River Shiraz	Medium bodied in weight, this wine displays lifted fruits of plum and blackberry with vanilla oak influence and an abundance of grainy tannins
Margaret River Cabernet Sauvignon	Aromas of blackcurrant, blueberries, and dark chocolate mint supported with silky tannins. Best serve with Curry.
SPARKLING WINES	
South Australian Sparkling White N/V	Pale straw with a light green and gold hue, this wine displays lifted citrus characters on the nose with a light yeastiness. The palate is soft and fruity, leading to a crisp natural acid finish. Great value bubbles for any occasion.
Victorian Prosecco NV	Light and refreshing, but not mouth filling, an aperitif or session wine, dry but enough sugar to prevent it being harshly dry.
FORTIFIED WINES	
South Australian Tawny Port 5YO	Lifted spice and black cherries with integrated spirit. Black cherries, spicy oak notes and nutty complexity.

Further information:

- Orders with applicable donations can only be made via the website link listed above.
- You may mix your order of wine any way you like.
- Postage charges will be determined at checkout.
- All orders are posted via Australia Post which you will receive an email notification and tracking information.
- If you have any queries regarding your order, please call Ashleigh on 0416 419 913
- \$36 per case or \$3.00 per bottle purchased from the link above will be donated to the nominated organisation



WARNING: Under the Liquor control Act 1988 it is an offence to sell or supply liquor to a person under the age of 18 yrs on licensed or regulated premises; or for a person under the age of 18 yrs to purchase liquor on licensed or regulated premises.

COMMUNITY NEWS

The inclusion of any community advertising does not constitute or imply endorsement, sponsorship or recommendation thereof by St. Michael's School. St. Michael's does not accept any responsibility or liability for the conduct or content of these advertisements, sites and the offerings made by the third parties.

**FRONT
RUNNER**

**TRACK
STARS**

Trackstars Term 1 - 2023

St Michael's School

♦Strength, Technique, Speed♦

The Front Runner Trackstars program is designed to improve running skills and movement patterns to children of all abilities, aged between 6-12 years – while having plenty of FUN!

During Term 1, we will work to improve children's skills and performance in sprint speed, general strength/stability and running technique, increasing skill and ability across a range of sports including athletics, cricket, basketball, soccer, netball, AFL, Rugby and more. Consistency and term on term progression will lead to overall improvement.

When:	Tuesdays 7.30am- 8.20am
Where:	St Michael's Oval
First Session:	Tuesday 7th February (week 2, Term 1)
Final Session:	Tuesday 28 th March (week 9)
Duration:	8-week Program
Age Groups:	Years 2-4 and Years 5-6



Fitness | Confidence | Team work

**FRONT
RUNNER**



Official Running Biomechanics and Technique
Consultants of Triathlon Western Australia

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Midvale Hub
Parenting Service
 Perth (North East)

Version 2



MIDVALE HUB
 FOR FAMILIES

What's On Term 1 2023

FREE service for parents & carers who reside in the local government areas of Mundaring, Swan, Bassendean & Bayswater

Registration for all programs is essential
 For further information and to express interest to attend, or if you are interested in future programs:
 Phone: 08 9290 6827 Email: parentingservice@mundaring.wa.gov.au
<https://www.midvalehub.org.au/copy-of-parenting-and-family-support>

Supported by



Shire of Mundaring Children's Services



A photograph of four school children in uniform walking away from the camera on a paved path. Two boys are on the left, and two girls are on the right. They are all wearing dark green school sweaters. The girls are also wearing green and white plaid skirts. The background shows trees and a fence. The entire image is overlaid with a semi-transparent green filter.

ST MICHAEL'S SCHOOL

a: 3 James Street, Bassendean WA 6054
ph: 08 6278 9888

www.stmichaelsbass.wa.edu.au
e: admin@stmichaelsbass.wa.edu.au