

ST MICHAEL'S SCHOOL

BASSENDEAN (EST 1914)



Newsletter #2
Term 1 Week 3
Friday 17 February 2023

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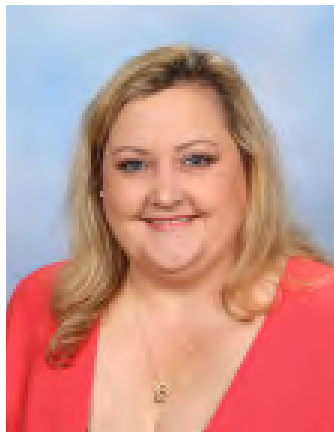
St Michael's School is a school community founded by the Sisters of Mercy in 1914.

We aspire to be a secure, caring learning environment where commitment to Faith, Truth, Service and Compassion are encouraged as a way of life.

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YOUR
COUNTRY**
KNOWYOURCOUNTRY.COM.AU

THIS NEWSLETTER COMES TO YOU FROM
WHADJUK
COUNTRY





PRINCIPAL'S MESSAGE

Dear Parents and Caregivers,

Thank you to our wonderful Parents and Friends (P&F) association for organising such a fantastic welcome event last Friday night. Our P & F are a vital part of the school, not only to raise funds for equipment, but in creating a vibrant, positive and welcoming school climate and Friday night was evidence of the amazing job they do in this space. Thank you for all parents who volunteered to help in many ways and to all the families and staff who attended!

Strategic Planning Workshop and Next P & F Meeting 27 Feb

A reminder to please add to your calendars the date of our upcoming strategic planning workshop as detailed in my email sent on 9/2/23. The workshop will commence at 6.30pm on Monday 27 Feb in the school library and is an important opportunity to provide your ideas and input into the future directions of St. Michael's. Drinks and nibbles will be provided. Bring a friend and get know some other St. Michael's parents! This will be followed by our scheduled P & F meeting at 7.15pm. Every parent who has a child enrolled in St Michael's is automatically a member of our P & F and are welcomed and encouraged to attend meetings. Apart from organising social events, the P & F raise money which they use to purchase resources to donate back to the school. It is important to have varied ideas and year levels represented at meetings so that P&F funds are used responsibly and equitably and that a high percentage of parents get to have their views and opinions represented. Meetings now only occur once per term so please make an effort to join us!

Three Year Old Program (3YOP) & 2024 Kindergarten Enrolments

We are thrilled and excited about the commencement of our three year olds at St Michael's this year - they have made a wonderful start! Schools do not receive any funding for three year olds and so our 3YOP must be financially independent and sustainable. We are starting from the ground up and have small numbers at the moment but can take up to 20 students. Enrolments will continue to grow through out the year as more students turn three and can commence the program. To ensure this service is sustainable in the future, please help us to attract more enrolments by telling your friends, family and networks. Facebook advertisements will start in the near future - if you see them, please share the ad with your contacts!

Enrolments are now open for Kindergarten and the 3YOP in 2024. Please contact reception for an application form (62789888 or admin@stmichaelsbass.wa.edu.au). Whilst siblings of current students receive preference, we do still require an enrolment form to be completed so that you don't miss out on a place. I will commence interviews for new families in Week 7 this term and the Assistant Principals will interview siblings later in the term or early Term 2.

Fees

Fee statements were sent out this week. 2023 fees (plus any previously outstanding fees) are due in full by 27 October. Please ensure that you have organised a payment plan by 3 March. If you are experiencing financial difficulties, please contact Mrs Peta Santella to discuss your account (62789888 or admin@stmichaelsbass.wa.edu.au). Alternatively, you may contact Mrs Lisa Grazia on principal@stmichaelsbass.wa.edu.au to organise an appointment to speak with myself.

New Parish Priest

St. Joseph's Parish, Bassendean has a new parish priest! We have been waiting for two years since Father Son moved to receive our permanent parish priest and he is finally on his way! On 22 February we will welcome Father Anthony Suresh who comes to us from Kalamunda Parish. Please join us in making Fr Suresh feel welcomed into our St. Michael's family when you see him around the school!

2023 Collection Of Information Notice

Please [click here](#) to view a standard letter provided by AGDESE that informs parents of the upcoming collection.

Donnelly Update

Donnelly, our wellness dog, has been a wonderful new addition to our school community. It's been lovely watching our students and parents get to know him and heartening to see how much our students love him! We've already had reports of Donnelly helping with student anxiety and his calm nature has even helped several students combat their fear of dogs! I have certainly loved doing morning duty with Donnelly by my side and love when he wanders into my office to say hello!

This is a photo of some funny moments last week when Donnelly was very sad that he couldn't say hello because my door was shut, and then a photo of him making himself at home during our leadership meeting!



Dr Siobhan Galos

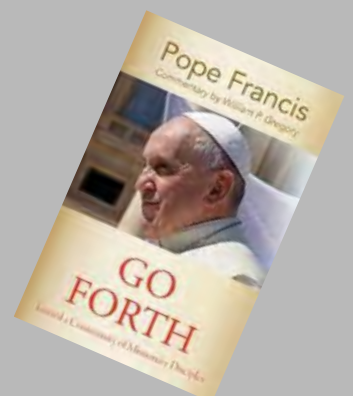
Principal

principal@stmichaelsbass.wa.edu.au

WHAT'S THE PRINCIPAL READING?

Each year at the CEWA end of year Principals' Thanksgiving Mass, the Executive Director gifts each principal with a book. In 2022, we received a copy of *Go Forth: Toward a Community of Missionary Disciples*, by Pope Francis (Author), William P Gregory (Commentary) and will be discussing this at our biannual CEWA Leader's Forum on 13 March.

The book is a selection from the speeches, homilies, and other writings of Pope Francis. It presents the Pope's vision of mission and his understanding of what the Church looks like through a missionary lens. It shows how the central themes of his papacy are integrated around the theme of mission and how the Pope seeks to change the direction of the Church, with an intentional focus on a more missionary Church. We fail in our mission to follow Jesus when we turn away from the needs of our neighbours, look the other way in the face of injustice, are unwelcoming in our communities and congregations and blindly accept consumer culture. Pope Francis calls us to be inspired anew to go out into the world and serve others who are in need of comfort, hope, and the light of faith.



FAITH FOR THE JOURNEY

Ash Wednesday is one of the most popular and important holy days in the liturgical calendar. Ash Wednesday opens Lent, a season of fasting and prayer. Ash Wednesday takes place 46 days before Easter Sunday. This year it will be on Wednesday, February 22 and Years 1-6 will celebrate with Mass, led by the Year 6 students at 9am. The Kindergarten and Pre-primary students will have a Liturgy in their classes. Ash Wednesday comes from the ancient Jewish tradition of penance and fasting. The practice includes the wearing of ashes on the head.



Priests administer ashes during Mass and all are invited to accept the ashes as a visible symbol of penance. Even non-Christians are welcome to receive the ashes. The ashes are made from blessed palm branches, taken from the previous year's Palm Sunday Mass. The ashes are christened with Holy Water and are scented by exposure to incense. While the ashes symbolize penance and contrition, they are also a reminder that God is gracious and merciful to those who call on Him with repentant hearts. His Divine mercy is of utmost importance during the season of Lent, and the Church calls on us to seek that mercy during the entire Lenten season with reflection, prayer and penance.

UPDATED SACRAMENT DATES

Sacrament Commitment Masses - Saturday, February 18 & Sunday, February 19

First Reconciliation Workshop - Tuesday, February 28 (5pm)

First Holy Communion Workshop - Monday, May 8 (5pm)

Confirmation Workshop - Tuesday, May 30 (5pm)

First Reconciliation Retreat - Monday, February 20 at school (half day)

First Holy Communion Retreat - Wednesday, May 17 at school (half day)

Confirmation Retreat - Tuesday, June 13 at Swan Valley Adventure Centre

First Reconciliation - Wednesday, March 1 (5pm)

First Holy Communion - Sunday, May 21 (10:30am)

Confirmation - Sunday, June 18 (10:30am)

MERIT AWARD WINNERS

Pre-primary -	Alfie B, Emma V.
Year 1 -	Louis F, Baani K.
Year 2 -	Stella J, Jesse J.
Year 3 -	Jack D, Orla B.
Year 4 -	Joshua W, Pemberton B.
Year 5 -	Adrian R, Neve P.
Year 6 -	Milly S, Finn M.



KEY DATES - TERM ONE

17 February	Gymbus Commences (Kindergarten to Year 4)
18 & 19 February	Sacramental Commitment Masses
22 February	Ash Wednesday Mass
27 February	Strategic Planning Workshop 6.30pm
27 February	P&F Meeting 7:15pm
28 February	Reconciliation Parent Workshop 5pm
1 March	Reconciliation (Year 3) 5pm
6 March	Labour Day Public Holiday
7 March	Pupil Free Day
16 March	Swimming Carnival (Years 3-6)
21 March	Harmony Day
6 March	Term One Concludes

ASSISTANT PRINCIPALS' NEWS



Caritas

As is tradition during Lent, Caritas has reached out for assistance in ending poverty, promoting justice, and upholding dignity for people in need around the world, including Australia. A note was sent home last week, and a donation box is in most rooms in the school for any donations you can afford to give. Each box has a QR code for electronic donations. Thank you in advance for contributing to this worthwhile charity.

Uniform

Thank you to everyone for your vigilance with adhering to the correct school and sports uniform each day. The students are coming to school each day ready to 'Reach for the Stars', 'Dream Big' and 'Shoot for the Moon'.

Parent Night & Term Overviews

We had an amazing turnout in Week 2 for our parent information sessions. Term overviews from class teachers were also sent out this week. All of the teachers have planned amazing learning opportunities for their students - it is set to be a very exciting term!

Contact Details

Please ensure the office has up to date parent/caregiver, student and emergency contact details including address and phone numbers. Email admin@stmichaelsbass.wa.edu.au if there are any changes.

Swimming Carnival

Our Faction Swimming Carnival will be occurring on Thursday, March 16 (Week 7). All parents and guardians in Years 3-6 should have received an email asking for nominations for their child/ren. Please complete the form by Wednesday, February 22 so the children can be allocated into their races. If you have any questions, please do not hesitate to ask.

Warm regards,

Mrs Jo Borg and Mr Michael Sheridan

Assistant Principals

CANTEEN NEWS



Calling for Canteen Volunteers

Are you available to assist our Canteen Manager, Linda Ford, to prepare canteen orders once a term?

Friday mornings from drop off to 1.00pm.

Please contact the school office on 6278 9888 or email admin@stmichaelsbass.wa.edu.au for more information or to volunteer for the roster.

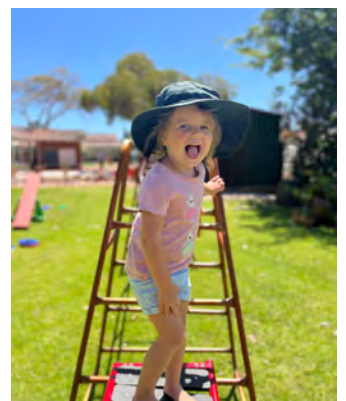
The canteen menu remains the same as last year.

Thank you for your ongoing support.



3YOP CLASS NEWS

It is so exciting to have a 3YOP (Three Year Old Program) on site at St Michael's School. Our littlest learners have settled in beautifully and are loving every moment. Our program runs on Tuesdays and/or Thursdays from 8:50am until 2:45pm in the Kindergarten classroom. We have spent our days building, digging, painting, constructing, riding, climbing, splashing, dancing and playing. It has been wonderful to watch our new little students get to know each other as they learn through play. 3YOP is definitely the place to be! Enrolment forms for 3YOP for 2023 or 2024 can be collected from administration.



KINDERGARTEN CLASS NEWS



WOW, what an awesome start to our kindergarten year. The children have settled into kindergarten like superstars. We have been exploring the indoor and outdoor environments with great excitement and enthusiasm. Over the past two weeks we have been getting to know new routines, building new friendships and working on some important skills such as sharing and turn taking. We are looking forward to a wonderful year ahead.

WELLBEING



URSTRONG's whole-school friendship strategy has improved the social climate in schools around the world, connecting over a million kids, parents and teachers with a common language of friendship. At St Michael's, we are proud to be a URSTRONG School and are committed to empowering your children with friendship skills.

You are invited to take advantage of a free Parent Membership to access hundreds of resources – including an 8 session video series. This will allow you to learn the same language & strategies being taught in the classroom through the Friendology 101 curriculum. We hope that, as a URSTRONG Family, you will reinforce the important messages of empowerment, self-compassion, & kindness at home.

Visit <https://urstrong.com/parents/> to view an overview of URSTRONG, activate your free parent membership and explore the hundreds of resources available to you. We believe that empowering our students with these skills will create a culture of kindness at our school and we hope that, together, we can support your children to have healthy, feel-good friendships.

Strengthening Children and Teens Against Anxiety (Online)

MON 27 MARCH @ 6:00 PM - 8:00 PM AWST

Join us for a special presentation by Karen Young – the founder of 'Hey Sigmund', an internationally popular online resource that provides contemporary, research-driven information on anxiety and the neurodevelopment of children.

Anxiety is a very normal part of being human, but for as many as one in five children it can reach intrusive levels, interfering with family life, friendships and school performance. This transformational session will provide parents and carers with the essential information and powerful, practical strategies to help their children and teens thrive through anxiety, whether it's everyday levels of anxiety or more intrusive.

This FREE event has been brought to you by PCWA.

To book: <https://bit.ly/karenyoungonline>

P&F WELCOME NIGHT



PARENTS & FRIENDS NEWS



WINE FUNDRAISER ST. MICHAEL'S SCHOOL P&F



Place Your Order At The Following Link:

<https://wacellars.com.au/fundraising/st-michaels-school-pf-association/>

By purchasing some incredible Australian wines our friends at WA Cellars will donate \$36.00 per case or \$3.00 per bottle sold from this fundraising page right to the St Michael's School P&F Team for school community development.

RED & WHITE WINES	
Margaret River Semillon Sauvignon Blanc	Tropical fruits and fresh citrus aromas, on the palate displays of stone fruits accompanied with refreshing citrus acidity finish.
Margaret River Sauvignon Blanc	Lifted aromas of cut grass, subtle citrus, and underlying gooseberry. Palate flavours include passionfruit, and lemon zest.
Clare Valley Moscato	This is a lighter bodied wine with rich, fresh summer fruits and grape flavours on the palate, with a sweet muscaty characteristic to it.
Southwest Chardonnay	Flavours of rock melon, peach and hazelnut carry through on the palate with a creamy texture and a soft, mouth-watering acidity.
Margaret River Rose	The palate is full of wild ripe strawberries with a fleshy mid palate and bright acid profile. Great Dry style Rose.
Margaret River Shiraz	Medium bodied in weight, this wine displays lifted fruits of plum and blackberry with vanilla oak influence and an abundance of grainy tannins
Margaret River Cabernet Sauvignon	Aromas of blackcurrant, blueberries, and dark chocolate mint supported with silky tannins. Best serve with Curry.
SPARKLING WINES	
South Australian Sparkling White N/V	Pale straw with a light green and gold hue, this wine displays lifted citrus characters on the nose with a light yeastiness. The palate is soft and fruity, leading to a crisp natural acid finish. Great value bubbles for any occasion.
Victorian Prosecco NV	Light and refreshing, but not mouth filling, an aperitif or session wine, dry but enough sugar to prevent it being harshly dry.
FORTIFIED WINES	
South Australian Tawny Port 5YO	Lifted spice and black cherries with integrated spirit. Black cherries, spicy oak notes and nutty complexity.

Further information:

- Orders with applicable donations can only be made via the website link listed above.
- You may mix your order of wine any way you like.
- Postage charges will be determined at checkout.
- All orders are posted via Australia Post which you will receive an email notification and tracking information.
- If you have any queries regarding your order, please call Ashleigh on 0416 419 913
- \$36 per case or \$3.00 per bottle purchased from the link above will be donated to the nominated organisation



WARNING: Under the Liquor control Act 1988 it is an offence to sell or supply liquor to a person under the age of 18 yrs on licensed or regulated premises; or for a person under the age of 18 yrs to purchase liquor on licensed or regulated premises.

PARENTS & FRIENDS NEWS



P&F INDUCTION NIGHT

The Catholic School Parents WA P&F Induction evening will take place on Thursday 2nd March from 6pm, at St Peter's Primary School in Inglewood (103 Wood St).

The Induction evening will cover the new P&F Terms of Reference, updated Office Bearer role descriptions, including new duties for the P&F Treasurer, and information on how to access our P&F resources and online induction. An induction webinar will be available after the event for regional and remote schools.

The event is free but please register via this link for catering purposes <https://events.humanitix.com/parent-induction-night>

Thank you, Siobhan, Jenn and Nicole.



COMMUNITY NEWS

The inclusion of any community advertising does not constitute or imply endorsement, sponsorship or recommendation thereof by St. Michael's School. St. Michael's does not accept any responsibility or liability for the conduct or content of these advertisements, sites and the offerings made by the third parties.

First Aid Focus

Our students recently participated in the free St John WA First Aid Focus incursion.

The First Aid Focus program aims to train and equip students with the skills to assess and respond to first aid situations, while developing strategies to seek help for themselves or others.

St John can teach you the vital skills to keep your family safe and well. Get 10% off your next first aid training by using the discount **PARENTS10 when booking your course.**

For bookings call **9334 1233** or visit our website stjohnwa.com.au



Midvale Hub
Parenting Service
Perth (North East)

Version 2

What's On Term 1 2023



MIDVALE HUB
FOR FAMILIES

FREE service for parents & carers who reside in the local government areas of Mundaring, Swan, Bassendean & Bayswater

Registration for all programs is essential

For further information and to express interest to attend, or if you are interested in future programs:

Phone: 08 9290 6827 Email: parentingservice@mundaring.wa.gov.au

<https://www.midvalehub.org.au/copy-of-parenting-and-family-support>

Supported by



Unit of Parenting Coordinator



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**FRONT
RUNNER**

**TRACK
STARS**

Trackstars Term 1 - 2023

St Michael's School

♦Strength, Technique, Speed♦

The Front Runner Trackstars program is designed to improve running skills and movement patterns to children of all abilities, aged between 6-12 years – while having plenty of FUN!

During Term 1, we will work to improve children's skills and performance in sprint speed, general strength/stability and running technique, increasing skill and ability across a range of sports including athletics, cricket, basketball, soccer, netball, AFL, Rugby and more. Consistency and term on term progression will lead to overall improvement.

When:	Tuesdays 7.30am- 8.20am
Where:	St Michael's Oval
First Session:	Tuesday 7th February (week 2, Term 1)
Final Session:	Tuesday 28 th March (week 9)
Duration:	8-week Program
Age Groups:	Years 2-4 and Years 5-6



Fitness | Confidence | Team work

**FRONT
RUNNER**



Official Running Biomechanics and Technique
Consultants of Triathlon Western Australia



ST MICHAEL'S SCHOOL

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