

# ST MICHAEL'S SCHOOL

BASSENDEAN (EST 1914)



**Newsletter #6**  
**Term 2 Week 1**  
**Friday 28 April 2023**

## In this issue...

Principal's Message

Faith For The Journey

Merit Award Winners

Key Dates

Assistant Principal's News

Class News

P&F News

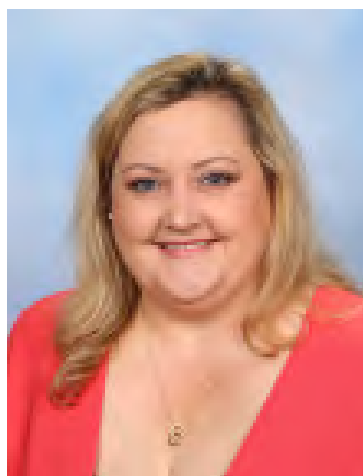
Community News

*St Michael's School is a school community founded by the Sisters of Mercy in 1914.*

*We aspire to be a secure, caring learning environment where commitment to Faith, Truth, Service and Compassion are encouraged as a way of life.*

# MESSAGE FROM THE PRINCIPAL

Dear Parents and Caregivers,



It is my pleasure to welcome you all back to the start of another exciting term! I hope you had a restful and enjoyable break, and that you are ready for the many opportunities and challenges that this term will bring.

As we begin this new term, I would like to extend a warm welcome to new families and students joining our school community. We are thrilled to have you with us and look forward to getting to know you better.

Our dedicated teachers and staff have been busy preparing for the term ahead, and we are excited to see our students continue to grow and achieve great things. From academic pursuits to sporting achievements and creative endeavors, we know that our students have a wide range of talents and passions, and we are committed to supporting and nurturing these in every way possible.

We encourage all families to stay connected with the school through our regular communication channels, including our newsletter and website. These provide valuable information about school events, activities, and achievements, as well as tips and resources to support your child's learning and wellbeing.

Once again, welcome back to St Michaels School Bassendean. Let's work together to make this term a fantastic one for all of our students!

## Staffing Updates

Through our partnership with Italo-Australian Welfare & Cultural Centre Inc, we have a change of Italian teachers this term. We thank and farewell Signora Fiona Cole and welcome Signore Carlo Cosani who commences next week.

A reminder that I will be taking long service leave from Weeks 4 - 10 this term and Mr Michael Sheridan will be acting Principal during this time. Along with Mrs Jo Borg, Miss Meadhbh Glasgow-Collins will be acting Assistant Principal during these seven weeks to cover Michael's position. Mr Galos and I will finally be taking our trip to Europe that was postponed in 2020 due to COVID-19. It has been four years in the planning so we are excited to finally make it to Ireland, France and Italy!

## School Climate Survey

Every two years, each Catholic school conducts a School Climate Survey which includes parents, staff and student feedback. We are due to conduct our surveys this year, hence, I will be sending out an email in Week 3 this term with the link to the parent survey. The link will be live for a three-week period. Please keep an eye out for this important survey.

Please see Page 5 of this newsletter for information about our upcoming Mother's Day event on Friday 12 May. We hope to see you there!

Best wishes for a fabulous Term 2!

Dr Siobhan Galos  
Principal





## FAITH FOR THE JOURNEY

# HE IS RISEN

DEAR GOD,  
THANK YOU FOR THE  
PRECIOUS GIFT OF OUR  
CHILDREN.  
PLEASE WATCH OVER THEM  
AS THEY RETURN TO SCHOOL  
FOR ANOTHER EXCITING  
TERM.  
HELP THEM TO FEEL YOUR  
PRESENCE AS THEY GO  
ABOUT THEIR DAY.  
GIVE THEM COURAGE TO BE  
INCLUSIVE, LOVING AND KIND.  
HELP THEM TO WELCOME  
NEW EXPERIENCES AND NEW  
FRIENDS WITH JOY.  
AMEN.

# MERIT AWARD WINNERS

<b>PP:</b>	Elsie R, Otis T.
<b>Year 1:</b>	Nate B, Kallan M.
<b>Year 2:</b>	Anja T.
<b>Year 3:</b>	Neave F, Blake G.
<b>Year 4:</b>	Ophelia A, Asher S.
<b>Year 5:</b>	Molly F, Jonathan N, Alice S.
<b>Year 6:</b>	Felix K, Grace L.



## KEY DATES

2 May	Year 3 Fire Station Incursion
3 May	Whole School Mass
4 May	Assembly
8 May	School Climate Survey Opens
8 May	Year 4 Nutrition Workshop
8 May	Eucharist Parent Workshop - 5pm
11 May	Japanese Taiko Drum Incursion
12 May	Mother's Day Morning Celebrations 8:15-9:00am
12 May	X-Country
14 May	Mother's Day



# ASSISTANT PRINCIPALS' NEWS

## *St Michael's School* **MOTHER'S DAY**



We will be celebrating Mother's Day  
at St Michael's on Friday, May 12  
from 8:15-9:00am.

Please join us with your children  
on the grassed area  
for a morning of  
love and pampering.



# ASSISTANT PRINCIPALS' NEWS

## ANZAC Day

On Tuesday April 25, some of our students represented St Michael's at the 2023 ANZAC Day service held at the Bassendean War Memorial with their families. Thank you to the staff who organised for a wreath to be laid on behalf of the school in memoriam of the many ANZAC sacrifices. Lest we forget.



## Staff Professional Development Day

On Wednesday April 26, teaching staff completed a professional development day with CEWA consultants on Differentiation, Assessments and Judging Standards. Our support staff renewed their First Aid qualifications. We are so lucky to have such an amazing staff who embody what life long learning is all about.

## Sacraments in Term Two

Students will be making their First Holy Communion and Confirmation during Term Two. Please take note of the following important dates:

- 8 May - First Holy Communion Parent Workshop 5pm
- 17 May - First Holy Communion Retreat
- 21 May - First Holy Communion 10:30am
- 30 May - Confirmation Parent Workshop 5pm
- 13 June - Confirmation Retreat
- 18 June - Confirmation 10:30am

## Mother's Day Morning

On Friday May 12, we are excited to be extending an invitation to all St Michael's mothers to come to the grassed area with their children from 8:15-9:00am for a morning of love and pampering.

## Facebook & Instagram

We are live! Please follow us at

- <https://www.facebook.com/stmichaelsbass>
- <https://www.instagram.com/stmichaelsbassendean>.



## Uniform

It has been wonderful to see students wearing their winter uniform with pride this week. Please visit <https://www.quickcliq.com.au/> for all winter uniform requirements and to place any additional orders with Mrs Falappi. Thank you for your cooperation with this.

Warm regards,

Mrs Jo Borg and Mr Michael Sheridan

Assistant Principals



# TERM 1 FACTION POINT WINNERS



CONGRATULATIONS MERCY!





# INTERSCHOOL SWIMMING



The interschool swimming carnival was a great success! Students from various schools came together to compete in a range of events including freestyle, backstroke, breaststroke, butterfly, and relays. The atmosphere was electric, with cheers and chants filling the air as swimmers gave it their all. The competition was fierce, but sportsmanship prevailed, with students congratulating and encouraging each other throughout the day. Overall, it was a fantastic day of swimming and a wonderful opportunity for students to showcase their skills and represent their schools. Congratulations to all our students who represented St Michael's!



# MUD KITCHEN SUPPLIES

## WANTED!

Our outdoor mud kitchen is in need of some extra supplies. If you have any unwanted:

- Baking trays
- Pots
- Pans
- Metal bowls
- Cake tins
- Muffin pans
- Cooking utensils



Please place them in the box outside Pre-primary.



Coles supermarkets are currently giving away cookware with FlyBuys points.

# SOCIAL WORKER NEWS



As we start this new term, it's worthwhile taking the time to re-evaluate your child's sleep needs and routines. Children aged between 5 and 11 will need to have between 9 - 11 hours of sleep each night to function well. When a child is feeling tired at school, we notice that they become emotionally fragile or irritable, and their concentration and focus lapses. Their day becomes more challenging, and you are far more likely to have a grumpy, tired, and teary child at the end of the day! There are simple measures you can take to improve your child's amount and quality of sleep such as maintaining a consistent bedtime routine, avoiding the use of screens before bed, replacing screen time with outdoor physical play, and ensuring that your child doesn't have access to any devices during overnight.

Please visit this website for more information about children and sleep. <https://raisingchildren.net.au/school-age/sleep/understanding-sleep/school-age-sleep#sleep-what-to-expect-at-5-11-years-nav-title>




# PARENTS & FRIENDS NEWS



## *Mothers Day* **RAFFLE**

All students will  
receive a FREE ticket  
from the P&F to win  
fabulous prizes for  
their mum in Term 2.





# PARENTS AND FRIENDS NEWS



## WINE FUNDRAISER ST. MICHAEL'S SCHOOL P&F



Place Your Order At The Following Link:

<https://wacellars.com.au/fundraising/st-michaels-school-pf-association/>

By purchasing some incredible Australian wines our friends at WA Cellars will donate \$36.00 per case or \$3.00 per bottle sold from this fundraising page right to the St Michael's School P&F Team for school community development.

RED & WHITE WINES	
Margaret River Semillon Sauvignon Blanc	Tropical fruits and fresh citrus aromas, on the palate displays of stone fruits accompanied with refreshing citrus acidity finish.
Margaret River Sauvignon Blanc	Lifted aromas of cut grass, subtle citrus, and underlying gooseberry. Palate flavours include passionfruit, and lemon zest.
Clare Valley Moscato	This is a lighter bodied wine with rich, fresh summer fruits and grape flavours on the palate, with a sweet muscaty characteristic to it.
Southwest Chardonnay	Flavours of rock melon, peach and hazelnut carry through on the palate with a creamy texture and a soft, mouth-watering acidity.
Margaret River Rose	The palate is full of wild ripe strawberries with a fleshy mid palate and bright acid profile. Great Dry style Rose.
Margaret River Shiraz	Medium bodied in weight, this wine displays lifted fruits of plum and blackberry with vanilla oak influence and an abundance of grainy tannins
Margaret River Cabernet Sauvignon	Aromas of blackcurrant, blueberries, and dark chocolate mint supported with silky tannins. Best serve with Curry.
SPARKLING WINES	
South Australian Sparkling White N/V	Pale straw with a light green and gold hue, this wine displays lifted citrus characters on the nose with a light yeastiness. The palate is soft and fruity, leading to a crisp natural acid finish. Great value bubbles for any occasion.
Victorian Prosecco NV	Light and refreshing, but not mouth filling, an aperitif or session wine, dry but enough sugar to prevent it being harshly dry.
FORTIFIED WINES	
South Australian Tawny Port 5YO	Lifted spice and black cherries with integrated spirit. Black cherries, spicy oak notes and nutty complexity.

### Further information:

- Orders with applicable donations can only be made via the website link listed above.
- You may mix your order of wine any way you like.
- Postage charges will be determined at checkout.
- All orders are posted via Australia Post which you will receive an email notification and tracking information.
- If you have any queries regarding your order, please call Ashleigh on 0416 419 913
- \$36 per case or \$3.00 per bottle purchased from the link above will be donated to the nominated organisation



WARNING: Under the Liquor control Act 1988 it is an offence to sell or supply liquor to a person under the age of 18 yrs on licensed or regulated premises; or for a person under the age of 18 yrs to purchase liquor on licensed or regulated premises.



# PARENTS AND FRIENDS NEWS

EDUCATE | EQUIP | EMPOWER

## Talking About Tricky Topics

### Protective Behaviours Body Safety & Abuse Prevention

Teaching children water safety, road safety and sun safety tends to come more naturally to many parents, carers and grandparents. However, personal safety and body safety can be more challenging.

This workshop will support you to teach your child skills and strategies to respond to a range of unsafe situations.

You will leave this workshop with up-to-date information, conversation starters, practical strategies and resource recommendations.

*"Talking to children about body safety in age and developmentally appropriate ways doesn't take away a child's innocence, it helps to protect it."*



**DATE:** Thursday 22 June 2023  
**TIME:** 6:30pm – 9:00pm  
**VENUE:** St Michael's School, 3 James St, Bassendean  
**RSVP:** [www.esafekids.com.au/events](http://www.esafekids.com.au/events)

#### WORKSHOP CONTENT

- Being safe and feeling safe
- Emotional Intelligence and Feelings
- Early Warning Signs
- Safety – Assessing Risk
- Problem Solving
- Safe and Unsafe Secrets
- Public and Private
- Pornography
- Personal Space & Body Safety Rules
- Body Autonomy, Body Boundaries, Consent & Respect
- Help seeking - Networks
- Persistence
- Child friendly books and resources



For more information contact  
[admin@esafekids.com.au](mailto:admin@esafekids.com.au)



# COMMUNITY NEWS

*The inclusion of any community advertising does not constitute or imply endorsement, sponsorship or recommendation thereof by St. Michael's School.  
St. Michael's does not accept any responsibility or liability for the conduct or content of these advertisements, sites and the offerings made by the third parties.*



## Juniors - Hook into hockey

*Come and try hockey out!*

**Did you enjoy the Hockey clinic at school?**

From Kindy - Year 6  
we have hockey for all ages and skills,.

**Come and try for FREE and you can borrow a stick !**



	<b>School Term 2-3</b>
Hook in2 Hockey (kindy - Yr 4)	Saturday 9-10am Lilac Hill, Caversham
Juniors (Yr4-6)	Weekday evening training & weekend games

Visit: [www.ogmhc.com.au](http://www.ogmhc.com.au)

Email: [juniors@ogmhc.org.au](mailto:juniors@ogmhc.org.au) or [h2h@ogmhc.com.au](mailto:h2h@ogmhc.com.au)





# COMMUNITY NEWS

*The inclusion of any community advertising does not constitute or imply endorsement, sponsorship or recommendation thereof by St. Michael's School. St. Michael's does not accept any responsibility or liability for the conduct or content of these advertisements, sites and the offerings made by the third parties.*

Catholic School Parents WA are looking for an Admin Officer to join their team.

The link to the selection criteria on their website is:

<https://cspwa.schoolzineplus.com/newsletter/article/392>.



## JOB VACANCY

**Administration Officer - Based in Inglewood**  
**15 hours per week (school term only).**

Catholic School Parents WA are seeking a highly motivated Administration Officer to join their small but energetic team. If you would enjoy a varied and challenging role, then this may be the job for you. Strong Microsoft 365 skills with an emphasis on accuracy are essential. Knowledge of website management and Canva would be highly regarded.

To access the selection criteria, please go to [www.csp.wa.edu.au](http://www.csp.wa.edu.au). Closing date for applications is Friday 5th May at 5pm.

Initial enquiries and applications can be directed to Siobhan on 0409 025 683 or email - [siobhan@csp.wa.edu.au](mailto:siobhan@csp.wa.edu.au)

# COMMUNITY NEWS

*The inclusion of any community advertising does not constitute or imply endorsement, sponsorship or recommendation thereof by St. Michael's School. St. Michael's does not accept any responsibility or liability for the conduct or content of these advertisements, sites and the offerings made by the third parties.*



## Nominate an outstanding educator for a National Excellence in Teaching Award

The 2023 National Excellence in Teaching Awards are now open.

**At NEITA we believe teachers transform futures.**

### WHO WE ARE

NEITA is the longest running, community-based awards program to recognise teaching excellence in Australia and New Zealand. It acknowledges the talented, committed, and caring educators who demonstrate the personal qualities, skills, and passion that help shape the lives of future generations in a fast-changing world.

Over the last 28 years, NEITA has received around 40,000 nominations for excellent and inspirational teachers and more than 1,100 teachers have received the award. Through the awards program, the NEITA Foundation has presented more than \$1.2 million in professional development grants, prizes and endowments.

### THE PRIZE

Award winners receive a professional development grant of up to \$10,000 to further their career. They will be honoured in a virtual awards ceremony, and be invited to meet and network with the other recipients and NEITA Alumni.

### HOW TO NOMINATE

NEITA Awards are open for nomination by anyone in the wider school community.

As we open nominations for this year's NEITA Awards, we please ask you to consider if there's an exceptional educator you want to recognise.

Visit [neita.com](http://neita.com) or scan the QR code below to submit your nomination.



Visit [neita.com](http://neita.com) or simply scan the QR code to nominate a teacher, or principal now.



## RECOGNISING AND REWARDING TEACHING EXCELLENCE FOR OVER 28 YEARS

The National Excellence in Teaching Awards were started more than 28 years ago by the NEITA Foundation to honour exemplary teaching in Australia and New Zealand. The Foundation was first established as a Trust in 1994 by Australian Scholarships Group (ASG) on behalf of its members, the parents and guardians of school age children, and the wider community to support improved teacher quality and retention, assist teacher professional development, and to promote enhanced professional recognition for teaching and teachers. It is proudly supported by Futurity Investment Group, ASG's new entity name, and reflects Futurity's mutual values and its objective to advocate for quality education and accessible lifelong learning. For more information on the NEITA Awards, visit <http://neita.com>



# COMMUNITY NEWS

*The inclusion of any community advertising does not constitute or imply endorsement, sponsorship or recommendation thereof by St. Michael's School. St. Michael's does not accept any responsibility or liability for the conduct or content of these advertisements, sites and the offerings made by the third parties.*



La Salle College Quiz Night  
Friday 28 July 7pm

## MUSIC LEGENDS

Prizes | Raffles | Auctions | Dress up is optional

Tickets \$15  
Tables of 8

Registration for all programs is essential  
For further information and to express interest to attend, or if you are interested in future programs:  
Phone: 08 9290 6827 Email: [parentingservice@mundaring.wa.gov.au](mailto:parentingservice@mundaring.wa.gov.au)  
<https://www.midvalehub.org.au/copy-of-parenting-and-family-support>

Supported by

Shire of MUNDARING

GOVERNMENT OF WESTERN AUSTRALIA

Using all reasonable endeavours to support

Instagram Facebook

Midvale Hub Parenting Services available include:

- ADHD & Your Child
- Protective Behaviours
- Engaging Adolescents
- 123 Magic & Emotion Coaching

see website for details <https://www.midvalehub.org.au/>

# COMMUNITY NEWS



**Want to prepare  
your kids for a  
healthy future?**

## BETTER HEALTH PROGRAM

The Better Health Program is a **free**, 10-week program for you and your child.

Each week we discuss topics including good nutrition, forming positive habits, becoming a healthier family and being physically active.

**The program comes in two formats**


**Online** – complete fun, online sessions with your child and a weekly call with your own personal health coach.


**In a group** – attend 2-hour group sessions with your child, once a week in a local venue. Participate in family learning sessions, games and physical activity for your child.

In both programs, you receive a bunch of **free support tools** along the way and a **reward** at the end!

  [@betterhealthprogram](https://www.instagram.com/betterhealthprogram)

**Sign up today!**

 [www.betterhealthprogram.org](http://www.betterhealthprogram.org)

 1300 822 953



**BETTER HEALTH CO.**





# COMMUNITY NEWS

*The inclusion of any community advertising does not constitute or imply endorsement, sponsorship or recommendation thereof by St. Michael's School. St. Michael's does not accept any responsibility or liability for the conduct or content of these advertisements, sites and the offerings made by the third parties.*



**Choose your Adventure!**

Our Adventures are created for children and the best part is that children get to choose which Adventure they'd like to bring to life everyday.

**Book your Adventure here**





**Join us at OSHClub for your next Adventure!**

Building friendships is what we are great at.



Created for children

---



**RISE then SHINE**

**Rise then Shine**

Our morning programs are now called 'Rise then Shine'

*'Creating the best start to the school day'*

Fueling children's curious minds and growing bodies to set children up for their best day ahead - they'll be ready to learn and ready to shine.

**Some examples of our Adventures**





**Breakfast Club**

Enabling children to be ready to learn, and with a focus on developing a better understanding of healthy eating habits, this nutritional Adventure will support children to build connections through the fun of healthy eating and play.

Children might be mixing and serving the yummy breakfast delights, reading the recipe for others to follow or learning good hygiene practice. They might crack an egg or flip a pancake.

And all the while making some great food and hanging out with their friends.



**Get Active**

Providing children the opportunity to develop a love for being active with friends, these Adventures will offer children the opportunity to participate in mindfulness activities, setting up team games, keeping score, and playing and supporting team mates.

And all the while creating meaningful ways to connect with friends.



**Snack Squad**

Providing children with a great place to stay and play after school, this Adventure adds the fun to developing a love for delicious and nutritious food.

Our Snack Squad Adventure provides children an opportunity to unwind at the end of the school day and connect over a table of yummy food.

And all the while creating lifelong habits of the joy food can bring to friendships.



Chat with one of our Educators at your service for more information about any of our Adventures



A photograph of four children in school uniforms walking away from the camera on a paved path. Two boys are on the left, and two girls are on the right. They are all wearing dark green school sweaters. The girls are wearing plaid skirts. The background shows trees and a fence. The entire image has a green tint.

# ST MICHAEL'S SCHOOL

a: 3 James Street, Bassendean WA 6054  
ph: 08 6278 9888

[www.stmichaelsbass.wa.edu.au](http://www.stmichaelsbass.wa.edu.au)  
e: [admin@stmichaelsbass.wa.edu.au](mailto:admin@stmichaelsbass.wa.edu.au)