

ST MICHAEL'S SCHOOL

BASSENDEAN (EST 1914)



Newsletter #12
Term 3 Week 3
Friday 4 August 2023

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St Michael's School is a school community founded by the Sisters of Mercy in 1914.

We aspire to be a secure, caring learning environment where commitment to Faith, Truth, Service and Compassion are encouraged as a way of life.



MESSAGE FROM THE PRINCIPAL



Dear Parents and Caregivers,

Thank you and congratulations to Mr Caddy and the Year 4 class for preparing and leading our whole school Mass last week and congratulations on their choral speech performance at the Catholic Performing Arts Festival this week. They performed a poem which they wrote themselves and was a wonderful example of the integration of literacy and The Arts in our school!

St. Michael's Facebook and Instagram Pages

This year we have developed school [Facebook](#) and [Instagram](#) pages and Mrs Jo Borg has been doing a wonderful job in keeping these updated. I highly recommend that you check out one of these sites as they are a wonderful mechanism for keeping up to date with various events, activities and achievements that occur around the school that you may not otherwise be aware of. Jo is ensuring that these social media platforms are beautifully capturing the many and varied joyful moments of our school via text, photos and videos.



CEWA Religious Education Assessment

Well done to our Year 3 and 5 students who participated in the CEWA Religious Education Assessment this week. These tests, completed in Years 3, 5 & 9, are standardised assessments to measure achievement in the content of our CEWA Religious Education curriculum.

P & F Meeting

A reminder that our next P & F meeting is scheduled for Monday 14 August at 7.15pm in the staff room. I will be presenting our newly developed school strategic plan at this meeting and will share it with the community in the following days.

It is important to have as many people at P & F meetings to have maximum input from parents when deciding where and how your P & F funds are spent within the school so I encourage you to come along and join us.

Dr Siobhan Galos
Principal



GROWTH PROGRAM STARTS NEXT WEEK!

The St. Michael's GROWTH Program is a new initiative being trialed in Semester 2, 2023 and was an idea ignited by community feedback through our strategic planning consultation process.

The GROWTH Program is an opportunity for students from Years 4 - 6 to develop their:

God Given Gifts
Recreation Interests
Occupational Potential
Wellness
Talents
Health

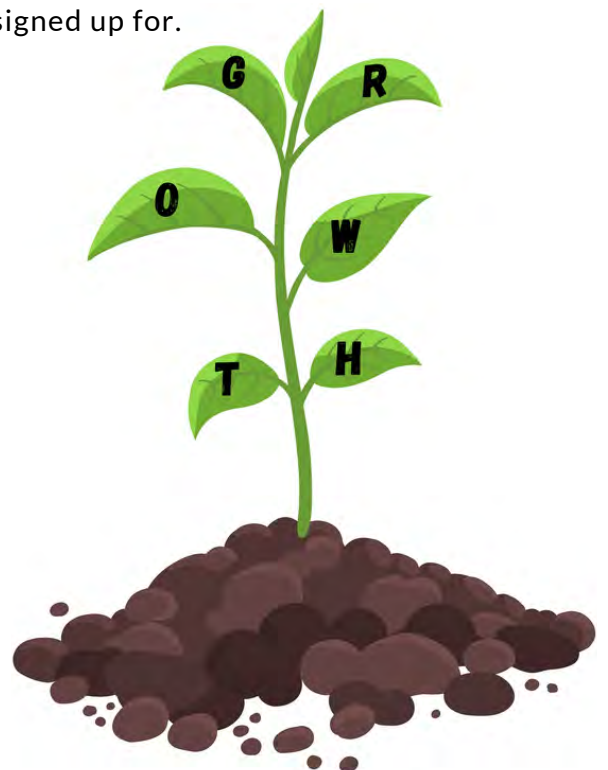


Starting next week, we are trialing the GROWTH Program for 4 weeks.
The sessions will run on Wednesday afternoons from 1:30-2:45pm.

We have a number of sessions on offer that the students have signed up for.
These include:

- * Origami Making
- * Sustainable Houses
- * Public Speaking
- * Drama & Theatre Sports
- * Food & Nutrition
- * Wellness and Wellbeing
- * Make It & Build It
- * Sport and Recreation
- * Board Game Fun

We look forward to showcasing our GROWTH Program through the newsletter and social media platforms over the coming weeks.



FAITH FOR THE JOURNEY

The month of August is traditionally dedicated to the Immaculate Heart of Mary.



Immaculate Heart of Mary,

I give you my heart.

I want to love you.

*I want to love Jesus, the Father, the Holy Spirit
and this world through your holy heart.*

*My dear mother, I place myself in your heart,
I know you will care for me in all my needs,*

I give myself to you.

Amen.

MERIT AWARD WINNERS

PP Louis N, Miller S, Amani S.

Year 1 Leonardo B, Jack R.

Year 2 Leo A, Peyton K.

Year 3 Melyssa P, Myra M.

Year 4 Zara E, Skylar S.

Year 5 Nylah B, Laurie T.

Year 6 Aleksander A, Sophie H.



KEY DATES

10 August

Assembly

11 August

Junior Athletics Carnival (K-1)

14 August

Athletics Throws Day (Years 1-6)

14 August

P&F Meeting 7:15pm

15 August

Assumption Mass

17 August

Choir Concert for St Vincent's Nursing Home

18 August

Senior Athletics Carnival (Years 2-6)

21 August

Boorloo Aboriginal Cultural Experience

23 August

School Photos (Kindy - Year 6)

24 August

Choir - Performing Arts

11 September

Book Week Dress Up Parade

21 September

3YOP School Photos



ASSISTANT PRINCIPALS' NEWS



Athletics Carnival Information

Junior Athletics Carnival
Kindergarten - Pre-primary - Year 1
Friday 11 August
9:00-10:40
BIC

Throws Day
Monday 14 August
 9:00-9:40 Year 2 (T-ball only)
 9:40-10:40 Year 6 (All events)
 11:00-12:00 Year 5 (All events)
 12:00-12:50 Year 4 (All events)
 1:30-2:15 Year 3 (Turbojav & T-ball only)
 2:15-3:00 Year 1 (T-ball only)
BIC



Senior Athletics Carnival
Years 2-6
Friday 18 August
9:30-2:15
Guildford Grammar School

ASSISTANT PRINCIPALS' NEWS

School Photo Day



MSP Photography WA

T: 9240 8000

E: admin.perth@msp.com.au

www.msp.com.au



St Michael's School

Photo Date: Wednesday 23rd of August 2023

School photo day is fast approaching, make sure you place your order.

1. Visit www.msp.com.au
2. Select the "Download Portrait or Order Online" portal
3. Use your child's unique shootkey

A Late/processing fee will apply for orders received after

Wednesday 30th of August
2023



□ Specialty Group Photos:

- Specialty Group Photos will be available for purchase after the main photo day packs are delivered to the school. Orders will be open for 4 weeks and ordering slips will be included in the students' photo pack.

□ Family Photos:

- Envelopes can be obtained from Administration.
- Family photos are taken each morning before school.
- Please ensure that your family envelope and payment are handed to the Photographers on photo day.
- If you do not have the correct money we will provide any change needed when photos are delivered to school.
- Family photos **cannot** be ordered online.
- Once school has received photos, family photos will remain at reception for parents to collect.



ASSISTANT PRINCIPALS' NEWS

Social Media Permission Form

Most families have now filled in our updated social media permission form. If you have not done so, please click [here](#).

Facebook & Instagram

Stay up to date with what is happening at St Michael's School.

Please follow us at:

- <https://www.facebook.com/stmichaelsbass>
- <https://www.instagram.com/stmichaelsbassendean>.



New Uniform Shop Information

Uniform orders are to be placed online with Jenny Franklin Enterprises (jfe) by clicking [here](#).

Alternatively, you can visit the jfe website at jfe.net.au.

Select the orders tab and enter our school code 8539.

The jfe website will have the uniform price list and more information available to parents.

The uniform shop will open during school terms every Friday morning from 8.30am to 9.00am.

Uniforms can be tried on for size and purchased at this time and EFTPOS facilities will be available.

Online orders placed prior to 12 noon Thursday will be delivered to classrooms on Fridays.

Exchanges / refunds are to be made within 14 days of purchase date. All goods must be returned in their original condition, not having been worn or washed, however we do not refund due to change of mind. Refunds/exchanges, will all be at jfe discretion. jfe reserves the right to repair any garment due to a fault in manufacture and will do so in a timely manner.

School Photos

School photos will be taken on Wednesday 23 August. Now is the time to make sure haircuts, uniform and jewellery are all consistent with our school policies. More information can be found on our [school website](#). Students in 3YOP will have their photo taken on Thursday 21 September.

Mobile Phones

A reminder that if you decide to send your child to school with a mobile phone, it needs to be stored at the office. This will keep the phone safe and protect the privacy of your child and other children. If you need to make contact with your child during school hours, contacting the office will always be the most effective and efficient way.

Parking

A reminder to parents and caregivers that the yellow marked bays on James Street are strictly no parking between 8:20-9:00am before school and 2:30-3:15pm in the afternoon (on school days).

Thank you for your understanding and cooperation.

Warm regards,

Mrs Jo Borg and Mr Michael Sheridan

Assistant Principals



100 DAYS SMARTER!

The Year 1 children loved celebrating 100 days of school last week by dressing up as 100 year olds!

They enjoyed doing 100 counting activities, colourings, making 100's bread, 100 crowns and writing about life when they are 100 years old!



CONSTABLE CARE INCURSIONS



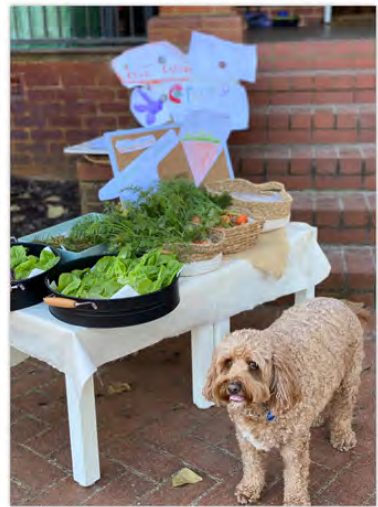
Our Kindergarten to Year 3 students were treated to a puppet show called 'Making the Right Call' and our students in Years 4-6 watched a play called 'Screen Name'. Many thanks to the performers from the Constable Care Foundation for visiting us to discuss such important topics.



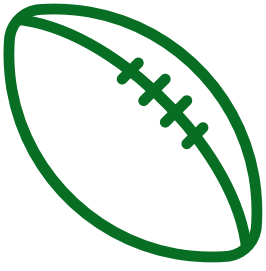
YEAR 1 VEGETABLE GARDENS



The Year 1 children have been busy harvesting their carrots, cos lettuce, rosemary and parsley. They planted these as seedlings and have been watching them grow. The children harvested, collected, washed, dried and created posters for their afternoon veggie market. Year 1 love to use the garden beds in their learning!



YEAR 2 AFL DAY



Year 2 prac teacher Mr Binning conducted an AFL themed mathematics lesson that focused on string addition using points scored in an AFL match between teams. Each student had the opportunity to score points for their team, and these points were collated and added together. They even had a semi-final and final round to determine the winning team!



YEAR 4 PERFORMING ARTS

CHORAL SPEECH

Congratulations to Mr Caddy and the Year 4 students on their outstanding performance at the Catholic Performing Arts Festival. The students recited a poem called 'The End' in the category of Choral Speech. They received excellent ratings for overall impact, clarity of diction, vocal variety, phrasing/rhythm, vitality in delivery, control and confidence in presentation, appropriateness of item to age of performers and vocal projection! They also received a very good rating for staging and physical arrangement.



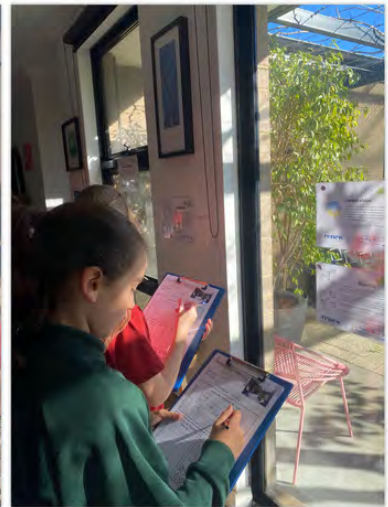
The adjudicator Ros Jennings wrote:

"What a really interesting and imaginative approach to this subject. Congratulations! I found this very moving, you were really able to give this message to the audience. Lovely use of gesture and facial expression. Well done!"

YEAR 5 SUSTAINABILITY EXCURSION



During the week our Year 5 students visited the Sandon residence in James Street as it has an 8-star (NatHERS) rating. Special thanks to Mrs Sandon and the Year 5 parent helpers for their assistance on the day.



YEAR 6 HEART ART



Year 6 boys from our Heart Art program (who have incidentally named themselves 'The Holy Cows') used Nerf guns to shoot fabric paint at their T-shirts. They practiced the art of having a blast while exhibiting responsibility and working as a team.



HYMN SINGING WITH MR O



Our new music teacher Mr O conducted our first whole school hymn singing session this week and it was a blast! All of the students (and staff) were so engaged with full participation, angelic singing and actions.

Next week the plan is to raise the rafters!

A special congratulations to our Year 6 leaders and students who were brave enough to sing solo!



SR. SALLY BRADLEY VISIT

At our last assembly, Sister Sally Bradley spoke about the Sisters of Mercy and how they help people all over the world through MercyWorks. Sister Sally was so happy to visit our school which is filled with rich Mercy traditions and heritage.



CANTEEN NEWS

Thank you so much to all of our parents who have volunteered their time to help out in the canteen. We appreciate you!



THREE YEAR OLD PROGRAM



ST MICHAEL'S 3 YEAR OLD KINDY

Our 3YOP provides an introduction to schooling for children and their families and sets the foundation for future school learning.

We aim to facilitate this learning through a fun, caring, educational and child centred program that supports a lifelong love of learning.

Tuesdays and/or Thursdays from 8:50-2:45.

BOOK NOW FOR 2023 & 2024



6278 9888



www.stmichaelsbass.wa.edu.au

PARENTS AND FRIENDS NEWS



P&F MEETING

- Monday 14 August
- 7pm – School library
- All welcome!



CAKE STALLS

- PP organising for junior sports carnival. Year 2 & 4 organising for senior carnival. Cash only.



PARENT QUIZ NIGHT

- Friday 8 September @ 6:30pm
- Please contact class rep if you can help. Tickets on sale soon.



BOOK WEEK

- The P&F will be running the annual Book Fair.
- More details to come!

PARENTS AND FRIENDS NEWS



WINE FUNDRAISER ST. MICHAEL'S SCHOOL P&F



Place Your Order At The Following Link:

<https://wacellars.com.au/fundraising/st-michaels-school-pf-association/>

By purchasing some incredible Australian wines our friends at WA Cellars will donate \$36.00 per case or \$3.00 per bottle sold from this fundraising page right to the St Michael's School P&F Team for school community development.

RED & WHITE WINES	
Margaret River Semillon Sauvignon Blanc	Tropical fruits and fresh citrus aromas, on the palate displays of stone fruits accompanied with refreshing citrus acidity finish.
Margaret River Sauvignon Blanc	Lifted aromas of cut grass, subtle citrus, and underlying gooseberry. Palate flavours include passionfruit, and lemon zest.
Clare Valley Moscato	This is a lighter bodied wine with rich, fresh summer fruits and grape flavours on the palate, with a sweet muscaty characteristic to it.
Southwest Chardonnay	Flavours of rock melon, peach and hazelnut carry through on the palate with a creamy texture and a soft, mouth-watering acidity.
Margaret River Rose	The palate is full of wild ripe strawberries with a fleshy mid palate and bright acid profile. Great Dry style Rose.
Margaret River Shiraz	Medium bodied in weight, this wine displays lifted fruits of plum and blackberry with vanilla oak influence and an abundance of grainy tannins
Margaret River Cabernet Sauvignon	Aromas of blackcurrant, blueberries, and dark chocolate mint supported with silky tannins. Best serve with Curry.
SPARKLING WINES	
South Australian Sparkling White N/V	Pale straw with a light green and gold hue, this wine displays lifted citrus characters on the nose with a light yeastiness. The palate is soft and fruity, leading to a crisp natural acid finish. Great value bubbles for any occasion.
Victorian Prosecco NV	Light and refreshing, but not mouth filling, an aperitif or session wine, dry but enough sugar to prevent it being harshly dry.
FORTIFIED WINES	
South Australian Tawny Port 5YO	Lifted spice and black cherries with integrated spirit. Black cherries, spicy oak notes and nutty complexity.

Further information:

- Orders with applicable donations can only be made via the website link listed above.
- You may mix your order of wine any way you like.
- Postage charges will be determined at checkout.
- All orders are posted via Australia Post which you will receive an email notification and tracking information.
- If you have any queries regarding your order, please call Ashleigh on 0416 419 913
- \$36 per case or \$3.00 per bottle purchased from the link above will be donated to the nominated organisation



COMMUNITY NEWS

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MIDVALE HUB PARENTING SERVICE PERTH NORTH EAST

FREE parenting programs, workshops and support for parents and carers of children aged 0 - 18 years and reside in the local government areas of Mundaring, Swan, Bassendean & Bayswater

Please scan the QR code to see our Term 3 2023 planner



Midvale Hub Parenting Service (Perth North East)
Telephone: (08) 9290 6827
Email: parentingservice@mundaring.wa.gov.au



TOPICS INCLUDE:
CIRCLE OF SECURITY PARENTING
TUNING IN TO KIDS
BRINGING UP GREAT KIDS
LET'S TALK TOILET TRAINING
SUPPORTING YOUR CHILD'S EMOTIONAL DEVELOPMENT
EMOTION COACHING YOUR CHILD
PROTECTIVE BEHAVIOURS PARENTING WORKSHOP
BUILDING YOUR CHILD'S RESILIENCE
ANXIETY AND YOUR CHILD
PROMOTING POSITIVE BEHAVIOURS



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Helping Minds offers a range of free workshops which are designed to enhance your understanding & confidence around promoting good mental health and navigating mental health challenges personally and professionally.

Visit <https://helpingminds.org.au/mental-health-education/> for more information.



Raising Resilient Children

helpingminds

For parents/caregivers of children 2-10 years
90-minute workshop

- What mental health challenges look like in children
- Identify risk and protective factors associated with self-resilience
- Develop supporting strategies
- Customise resilience-building activities to the unique needs of the child



Boost your Wellbeing

helpingminds

For adults, teachers and community groups
One-hour workshop

This workshop aims to increase knowledge and understanding about:

- Investigating protective factors
- Living out the Mental Healthy WA "Act – Belong – Commit" message
- How to check in with a friend



Mental Health Basics

helpingminds

For adults and community groups
One-hour workshop

This workshop aims to increase knowledge and understanding about:

- Identifying signs and symptoms of common mental health challenges
- Talking to someone you are worrying about
- Accessing and referring to support services



Working with anxiety in the classroom

helpingminds

For Primary School Staff
90-minute workshop

This workshop aims to increase knowledge and understanding about:

- Investigating anxiety in young people
- Recognising and understanding emotions and feelings
- Supporting strategies to promote confidence and independence
- Implementing mindfulness in the classroom



Social Media & Mental Health

helpingminds

For adults and community groups
One-hour workshop

This workshop aims to increase knowledge and understanding about:

- Social media and links to mental health issues
- Recognising risks; fear of missing out, addiction and loneliness
- Cyber-bullying
- Promoting healthy and safe social media use



HelpingMinds An Introduction

helpingminds


For any adults or groups
30-minute workshop

This workshop aims to increase knowledge and understanding about:

- HelpingMinds Free Services
- How to access them
- When to access them

COMMUNITY NEWS

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WA
YOUTH
THEATRE
CO

FOR AGES 11 - 18

Act Belong Commit
DRAMA HUB




WEDNESDAYS, TERM 3
26 JUL - 13 SEP 2023
4:30 - 5:30PM

Learn about acting and grow your confidence. No previous experience needed and it's completely **free** to attend!

MEETING ROOM 1
BASSENDEAN MEMORIAL LIBRARY
46 OLD PERTH ROAD
BASSENDEAN 6054

SIGN UP NOW

Use the QR code or go to waytoo.com for more info.

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**COME &
JOIN US**

OUR CLUBS:
BEECHBORO
CAMBOON
EDEN HILL
EMBERSON
NORTH BASSENDEAN

**COMPETITION DAY
@ NORANDA SPORTING
COMPLEX**

FREE TRIAL FOR ALL NEW MEMBERS

**IT'S TIME TO
Give athletics a
go!**

 **Bayswater Little Athletics Centre**
www.bayswaterlac.com.au
E: chairperson_bayswaterlac@outlook.com




ATHLETICS WEST

COMMUNITY NEWS

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**Want to prepare
your kids for a
healthy future?**

BETTER HEALTH PROGRAM

The Better Health Program is a **free**, 10-week program for you and your child.

Each week we discuss topics including good nutrition, forming positive habits, becoming a healthier family and being physically active.

The program comes in two formats


Online – complete fun, online sessions with your child and a weekly call with your own personal health coach.


In a group – attend 2-hour group sessions with your child, once a week in a local venue. Participate in family learning sessions, games and physical activity for your child.

In both programs, you receive a bunch of **free support tools** along the way and **a reward** at the end!

  [@betterhealthprogram](https://www.instagram.com/betterhealthprogram)

Sign up today!

 www.betterhealthprogram.org

 1300 822 953



BETTER HEALTH CO.

COMMUNITY NEWS

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Nominate an outstanding educator for a National Excellence in Teaching Award

The 2023 National Excellence in Teaching Awards are now open.

At NEITA we believe teachers transform futures.

WHO WE ARE

NEITA is the longest running, community-based awards program to recognise teaching excellence in Australia and New Zealand. It acknowledges the talented, committed, and caring educators who demonstrate the personal qualities, skills, and passion that help shape the lives of future generations in a fast-changing world.

Over the last 28 years, NEITA has received around 40,000 nominations for excellent and inspirational teachers and more than 1,100 teachers have received the award. Through the awards program, the NEITA Foundation has presented more than \$1.2 million in professional development grants, prizes and endowments.

THE PRIZE

Award winners receive a professional development grant of up to \$10,000 to further their career. They will be honoured in a virtual awards ceremony, and be invited to meet and network with the other recipients and NEITA Alumni.

HOW TO NOMINATE

NEITA Awards are open for nomination by anyone in the wider school community.

As we open nominations for this year's NEITA Awards, we please ask you to consider if there's an exceptional educator you want to recognise.

Visit neita.com or scan the QR code below to submit your nomination.



Visit neita.com or simply scan the QR code to nominate a teacher, or principal now.



RECOGNISING AND REWARDING TEACHING EXCELLENCE FOR OVER 28 YEARS

The National Excellence in Teaching Awards was started more than 28 years ago by the NEITA Foundation to honour exemplary teaching in Australia and New Zealand. The Foundation was first established as a Trust in 1994 by Australian Scholarships Group (ASG) on behalf of its members, the parents and guardians of school age children, and the wider community to support improved teacher quality and retention, assist teacher professional development, and to promote enhanced professional recognition for teaching and teachers. It is proudly supported by Futurity Investment Group, ASG's new entity name, and reflects Futurity's mutual values and its objective to advocate for quality education and accessible lifelong learning. For more information on the NEITA Awards, visit <https://neita.com>

COMMUNITY NEWS

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Choose your Adventure!

Our Adventures are created for children and the best part is that children get to choose which Adventure they'd like to bring to life everyday.

Book your Adventure here





Join us at OSHClub for your next Adventure!

Building friendships is what we are great at.



Created for children



Rise then Shine

Our morning programs are now called 'Rise then Shine'

'Creating the best start to the school day'

Fueling children's curious minds and growing bodies to set children up for their best day ahead - they'll be ready to learn and ready to shine.

Some examples of our Adventures



Stay and Play

Our afternoon programs are now called 'Stay and Play'

'Where friendships are made'

Creating meaningful connections and friendships by providing children with a place to stay and have fun after school.



Breakfast Club

Enabling children to be ready to learn, and with a focus on developing a better understanding of healthy eating habits, this nutritional Adventure will support children to build connections through the fun of healthy eating and play.

Children might be mixing and serving the yummy breakfast delights, reading the recipe for others to follow or learning good hygiene practice. They might crack an egg or flip a pancake.

And all the while making some great food and hanging out with their friends.



Get Active

Providing children the opportunity to develop a love for being active with friends, these Adventures will offer children the opportunity to participate in mindfulness activities, setting up team games, keeping score, and playing and supporting team mates.

And all the while creating meaningful ways to connect with friends.



Snack Squad

Providing children with a great place to stay and play after school, this Adventure adds the fun to developing a love for delicious and nutritious food.

Our Snack Squad Adventure provides children an opportunity to unwind at the end of the school day and connect over a table of yummy food.

And all the while creating lifelong habits of the joy food can bring to friendships.



Chat with one of our Educators at your service for more information about any of our Adventures

A photograph of four children in school uniforms walking away from the camera on a paved path. Two boys are on the left, and two girls are on the right. They are all wearing dark green school sweaters. The girls are also wearing green and white plaid skirts. The background shows trees and a fence. The entire image has a green tint, and there is a solid red bar at the bottom.

ST MICHAEL'S SCHOOL

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ph: 08 6278 9888

www.stmichaelsbass.wa.edu.au
e: admin@stmichaelsbass.wa.edu.au