## ST MICHAEL'S SCHOOL

BASSENDEAN (EST 1914)





Newsletter #13
Term 3 Week 5
Friday 18 August 2023

### In this issue...

Principal's Message

Faith For The Journey

Merit Award Winners

**Key Dates** 

Assistant Principal's News

Class News

**P&F News** 

**Community News** 

St Michael's School is a school community founded by the Sisters of Mercy in 1914.

We aspire to be a secure, caring learning environment where commitment to Faith, Truth, Service and Compassion are encouraged as a way of life.

a: 3 James Street, Bassendean WA 6054ph: 08 6278 9888

## MESSAGE FROM THE PRINCIPAL



Dear Parents and Caregivers,

I'd like to begin this week's newsletter with the important announcement that Mrs Jo Borg has been appointed into the ongoing Assistant Principal position (officially commencing on 1st January 2024). Jo is currently on secondment from Holy Cross College and has been a wonderful addition to our school and leadership team. We are thrilled to be able to keep her on in a permanent capacity and I sincerely congratulate Jo on her appointment!

### **Acknowledgements**

Thank you to all the parents and family members who attended our recent sporting carnivals and congratulations to all the students who tried their best and participated with such great enthusiasm! Our thanks go to Mr Michael Sheridan for co-ordinating the events and to those parents who assisted Michael in various ways.

### **CEWA Angelico Spirit of the Arts Festival**

A huge congratulations must go to Mrs Renee Vassiliou and some very artistic students who represented St Michael's at this year's Angelico Spirit of the Arts Festival. We had an outstanding result this year with our Pre-primary class winning an award for their group submission and we are so excited to announce that Emily Q in Year 6 won the primary Fra Angelico Award which is the highest accolade for primary school students in the festival! Congratulations Emily - this is such an outstanding achievement! The Fra Angelico Trophy and Pre-primary Certificate are currently on display in the front office along with the winning artwork - please pop in to have a look!

### **GROWTH Program**

Our new GROWTH program commenced last week for our Year 4 - 6 students. There is a wonderful buzz around the school on Wednesday afternoons at the moment during our GROWTH program and it is wonderful to see students enthusiastically learning new skills that they have a specific interest in and that they otherwise might not have an opportunity to experience during the usual academic program. We could not run this program without our wonderful volunteers so we thank Romona Sandon, Ruby Pham and Ms Metcalf (Miss Campagna's mum) for offering to run a GROWTH group this term, as well as a number of staff members: Mr Caddy, Mrs Borg, Mrs Mueller, Mr Sheridan, Miss Campagna, Miss Brescacin and Miss Hindle.

### **School Strategic Plan**

We have now completed our new 2023 - 2026 Strategic Plan and I thank all staff, students and parents who participated in planning sessions. We received fantastic feedback and ideas from the community. A summary of the broad strategic intents are summarised below.

Warm regards

Dr Siobhan Galos Principal

## 2023 - 2026 SCHOOL STRATEGIC PLAN

Catholic Identity

Foster a collaborative relationship with St Joseph's Parish

Continue to build recognition of Mercy heritage within the school

**Education** 

Continue to build extended learning opportunities

Develop the St Michael's Music Program

**Community** 

Continue to build connections with Aboriginal culture and community

Utilise strengths within the community as real world role models

**Stewardship** 

Develop a Capital Development Plan (CDP) for the property at 16 Hamilton Street

Use a consultative approach to engage all stakeholders in the design and development of the CDP

Work with the St. Michael's P & F to install upper primary play equipment

## FAITH FOR THE JOURNEY

The month of August is traditionally dedicated to the Immaculate Heart of Mary.

On August 15, we celebrated Our Lady's Assumption into Heaven with a special Mass in St Joseph's

Church. Our amazing Year 1 artists painted portraits of Mary, Jesus' mother.



"Mary, give me your Heart: so beautiful, so pure, so immaculate: your Heart so full of love and humility that I may be able to receive Jesus in the Bread of Life and love Him as you love Him and serve Him in the distressing guise of the poor."

- Saint Mother Teresa -

## MERIT AWARD WINNERS

PP Elijah R, Jake F, Zara M.

Year 1 Harrison L, Skylar L.

Year 2 Liv B, Lyla T.

Year 3 Blaize P, Audrey F.

Year 4 Arthur R, Lilijana T.

Year 5 Corey L, Elsie B.

Olivia W, Faustina T. Year 6



## **KEY DATES**

Boorloo Aboriginal Cultural Experience

School Photos (Kindy - Year 6)

**Choir - Performing Arts** 

Assembly

Perform Education Incursion (Kindy - Year 4)

Father's Day Breakfast

Kindy & Year 1 Fairy Tale Incursion

Year 5 & 6 Camp

Book Week Dress Up Parade

**Book Fair** 

Open Night (5:00 - 7:00pm)

Interschool Athletics Carnival

Mercy Day

3YOP School Photos

21 August

23 August 24 August 24 August 28 August 1 September 4 September 5-8 September 11 September 11-14 September 13 September 15 September 20 September

21 September



## **ASSISTANT PRINCIPALS' NEWS**

### **School Photo Day**



MSP Photography WA

T: 9240 8000

E: admin.perth@msp.com.au

www.msp.com.au

### St Michael's School

Photo Date: Wednesday 23rd of August 2023

School photo day is fast approaching, make sure you place your order.



1. Visit www.msp.com.au



2. Select the "Download Portrait or Order Online" portal



3. Use your child's unique shootkey

A Late/processing fee will apply for orders received after

Wednesday 30th of August



### Specialty Group Photos:

Specialty Group Photos will be available for purchase after the main photo day packs are delivered to the school. Orders will be open for 4 weeks and ordering slips will be included in the students' photo pack.

### ☐ Family Photos:

- Envelopes can be obtained from Administration.
- Family photos are taken each morning before school.
- Please ensure that your family envelope and payment are handed to the Photographers on photo day.
- If you do not have the correct money we will provide any change needed when photos are delivered to school.
- Family photos cannot be ordered online.
- Once school has received photos, family photos will remain at reception for parents to collect.



## **ASSISTANT PRINCIPALS' NEWS**

### Social Media Permission Form

Most families have now filled in our updated social media permission form. If you have not done so, please click <u>here</u>.

### Facebook & Instagram

Stay up to date with what is happening at St Michael's School. Please follow us at:

- https://www.facebook.com/stmichaelsbass
- https://www.instagram.com/stmichaelsbassendean.





### **Athletics Carnivals**

Thank you to all of our parents and community members who came to cheer on our amazing sporting superstars. The last two weeks have been very busy with our Junior Athletics Carnival, Throws Day and Senior Athletics Carnival. Congratulations to all of our students who tried their best, supported each other and were awarded faction points for their team. Final results will be placed on social media and in the next newsletter.

### **School Photos**

School photos will be taken on Wednesday 23 August. Now is the time to make sure haircuts, uniform and jewellery are all consistent with our school policies. More information can be found on our <u>school website</u>. Students in 3YOP will have their photo taken on Thursday 21 September.

### **Mobile Phones**

A reminder that if you decide to send your child to school with a mobile phone, it needs to be stored at the office. This will keep the phone safe and protect the privacy of your child and other children. If you need to make contact with your child during school hours, contacting the office will always be the most effective and efficient way.

### **Parking**

A reminder to parents and caregivers that the yellow marked bays on James Street are strictly no parking between 8:20-9:00am before school and 2:30-3:15pm in the afternoon (on school days). Thank you for your understanding and cooperation.

#### **Head Lice**

Please be aware that there have been a number of confirmed cases at school. Please check hair regularly and treat as required.

Warm regards,
Mrs Jo Borg and Mr Michael Sheridan
Assistant Principals

I SANGERER

**GROWTH PROGRAM** 

The St. Michael's GROWTH Program has begun! The Year 4-6 students have now completed two sessions in their chosen activity to develop their God Given Gifts, Recreation Interests, Occupational Potential, Wellness, Talents and Health. The activities on offer ranged from origami to woodwork, cooking to wellbeing, sustainability to drama and games to fitness.



















## JUNIOR ATHLETICS CARNIVAL



Last Friday our Kindergarten, Pre-primary and Year 1 students competed in our Junior Athletics Carnival. It was a wonderful morning where the children showed off their great teamwork, skills and abilities, whilst earning plenty of points for their faction. Thank you to everyone who came down to support our youngest students.



















## **ANGELICO ART EXHIBITION**





ANGELICO ART EXHIBITION
'Mother Of God'
Artline Pen & Watercolour
By Emily Q - Year 6





## **ANGELICO ART EXHIBITION**







## CATHOLIC PERFORMING ARTS FESTIVAL

Recently, Isla S (Year 6) performed a piano piece at the Performing Arts Festival. Isla has been recognised by the adjudicator, being awarded a Merit Certificate. Congratulations to Isla!

Special thanks to piano teacher Mr Fernandes for preparing Isla for her performance.

The Year 4 students performed last week at the Festival in the Choral Speech section. The students put on an amazing performance and have been awarded an Outstanding Certificate for their work. Congratulations to the Year 4 students and to Mr Caddy for his work in preparing the students for their presentation.

The Year 4 students also had the opportunity to perform 'The End' to the residents from St Vincent's Nursing Home.

Mr Steven Ostaszewskyj

Music Teacher





The annual Catholic Arts Angelico exhibition showcases the works of talented students from Pre-primary to Year 12 in Western Australia. We are especially proud of our students at St. Michael's who have been selected to exhibit and congratulate our award recipients.

The exhibition is open this Saturday from 1:30pm-3:00pm. It will also be open next Monday to Friday from 9:00am-5:00pm at the Forrest Centre, 221 St George's Terrace, Perth.

In addition, a virtual tour of the exhibition will be available on the Catholic Arts website at the completion of the exhibition.

Mrs Renee Vassiliou Visual Arts Teacher

## ST VINCENT'S NURSING HOME

Congratulations to our St Michael's School Choir who performed for the residents of St Vincent's Nursing Home in Guildford. The students sang beautifully with the assistance of Mrs Mackenzie and Mr Fernandes.

Afterwards the students and residents shared a lovely afternoon tea together. This is the first time we have had residents visit us since Covid, and we look forward to many more events in the future.















## YEAR 3 & 5 MATHEMATICS COMPETITION



Congratulations to our fabulous Year 3 & 5 students who recently competed in the Australian Mathematics Competition. It featured unique problems designed by Australia's leading educators and academics, with the goal to demonstrate the importance and relevance of mathematics in students' everyday lives.

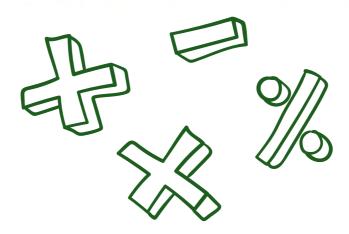












## YEAR 5 CLASS ECONOMY



This term the Year 5s have created a class economy. They designed the notes for their monetary system which is used to reward improvement and progress, and deductions for rent and taxes. They worked in teams to plan and prepare a business stall idea to present to students from other year levels. They had so much fun collaborating, problem solving and reflecting in a very real world context.















## **SCIENCE WEEK**

This week is National Science Week! To celebrate, our enrichment students have run science experiments during lunch time in the junior and upper playgrounds. All of the experiments have been sourced and planned by the students with Mr Coughlan doing a wonderful job overseeing the entire process.



















## **OPEN NIGHT**



# OPEN NIGHT

& COMMUNITY BOOK FAIR

WEDNESDAY, SEPTEMBER 13 | 5PM - 7PM

3 JAMES STREET, BASSENDEAN EVERYONE WELCOME!







## THREE YEAR OLD PROGRAM



## ST MICHAEL'S UNIFORM SHOP

Uniform orders can be placed online with Jenny Franklin Enterprises (jfe) by visiting jfe.net.au.

Select the orders tab and enter our school code 8539.

The jfe website will have the uniform price list and more information available to parents.

The uniform shop will open during school terms every Friday morning from 8.30am to 9.00am.

Uniforms can be tried on for size and purchased at this time and EFTPOS facilities will be available.

Online orders placed prior to 12 noon Thursday will be delivered to classrooms on Fridays.

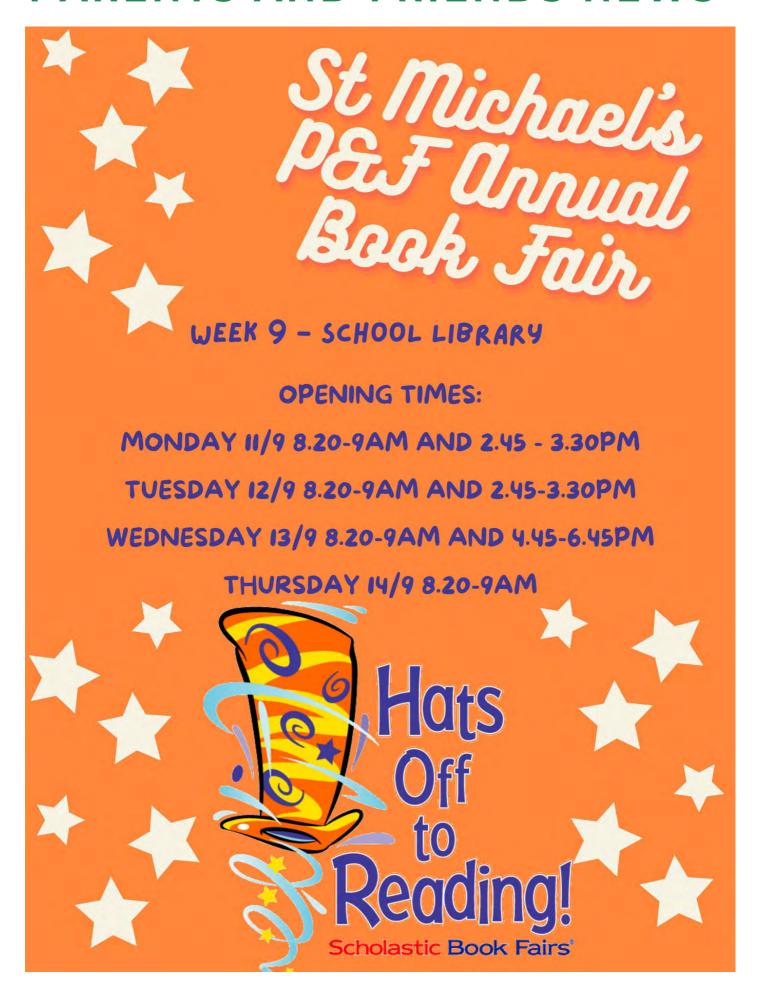
Exchanges / refunds are to be made within 14 days of purchase date.

All goods must be returned in their original condition, not having been worn or washed, however we do not refund due to change of mind.

Refunds/exchanges, will all be at jfe discretion.

jfe reserves the right to repair any garment due to a fault in manufacture and will do so in a timely manner.





## St Michael's P&F Annual Book Fair Call for Volunteers

If you can assist on any of the following days or time slots, please contact Melissa Maiolo (melissamaiolo@gmail.com or 0413053361)

Friday 8/9 Set up 8.30-9.30am

Monday 11/9 8.20-9am and 2.45 - 3.30pm

Tuesday 12/9 8.20-9am and 2.45-3.30pm

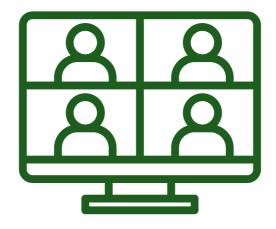
Wednesday 13/9 8.20-9am

and 4.45-6.45pm (only required for 30 minutes)

Thursday 14/9 8.20-9am and Pack up



Friday 15 September.
Tickets on sale soon!



P&F ONLINE MEETING Monday 21 August.

Class reps have sent out the items to be voted on and a link will be sent on Monday.



WINE FUNDRAISER
ST. MICHAEL'S SCHOOL P&F



Place Your Order At The Following Link:

https://wacellars.com.au/fundraising/st-michaels-school-pf-association/

By purchasing some incredible Australian wines our friends at WA Cellars will donate \$36,00 per case or \$3.00 per bottle sold from this fundraising page right to the St Michael's School P&F Team for school community development.

	RED & WHITE WINES
Margaret River Semillon Sauvignon Blanc	Tropical fruits and fresh citrus aromas, on the palate displays of stone fruits accompanied with refreshing citrus acidity finish.
Margaret River Sauvignon Blanc	Lifted aromas of cut grass, subtle citrus, and underlying gooseberry. Palate flavours include passionfruit, and lemon zest.
Clare Valley Moscato	This is a lighter bodied wine with rich, fresh summer fruits and grape flavours on the palate, with a sweet muscaty characteristic to it.
Southwest Chardonnay	Flavours of rock melon, peach and hazelnut carry through on the palate with a creamy texture and a soft, mouth-watering acidity.
Margaret River Rose	The palate is full of wild ripe strawberries with a fleshy mid palate and bright acid profile. Great Dry style Rose.
Margaret River Shiraz	Medium bodied in weight, this wine displays lifted fruits of plum and blackberry with vanilla oak influence and an abundance of grainy tannins
Margaret River Cabernet Sauvignon	Aromas of blackcurrant, blueberries, and dark chocolate mint supported with silk tannins. Best serve with Curry.
	SPARKLING WINES
South Australian Sparkling White N/V	Pale straw with a light green and gold hue, this wine displays lifted citrus characters on the nose with a light yeastiness. The palate is soft and fruity, leading to a crisp natural acid finish. Great value bubbles for any occasion.
Victorian Prosecco NV	Light and refreshing, but not mouth filling, an aperitif or session wine, dry but enough sugar to prevent it being harshly dry.
	FORTIFIED WINES
South Australian Tawny Port 5YO	Lifted spice and black cherries with integrated spirit. Black cherries, spicy oak notes and nutty complexity.

#### Further information:

- + Orders with applicable donations can only be made via the website link listed above.
- · You may mix your order of wine any way you like.
- · Postage charges will be determined at checkout.
- · All orders are posted via Australia Post which you will receive an email notification and tracking information.
- If you have any queries regarding your order, please call Ashleigh on 0416 419 913
- \$36 per case or \$3.00 per bottle purchased from the link above will be donated to the nominated organisation



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St. Michael's does not accept any responsibility or liability for the conduct or content of these advertisements, sites and the offerings made by the third parties.



Sustainable Building & Interior Design rsdesigns.com.au

Romana Sardon
ART & DESIGN

Art & Pottern Design romanasandon.com

romona@rsdesigns.com.au +61 417 950 196

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### Learn. Cook. Share.



Learn. Cook. Share. For your community

### Put the fun back into mealtimes

Join Foodbank WA's university qualified nutritionist for a free, hands-on, and fun healthy eating and cooking, 3 weeks program.

Enjoy getting to know other people, learn healthy eating tips and take-home free recipe books with the Learn. Cook. Share. sessions which will be run through the Town of Bassendean RElax Program.

### Learn

- » Healthy eating and tips to make meals enjoyable
- » Label reading and food safety
- » Food shopping on a budget
- » Quick, easy, delicious, low-cost recipes
- » And more...



### When

Wednesday, 23 August 2023 Wednesday, 30 August 2023 Wednesday, 6 September 2023 12:00 PM - 2:30 PM



### Where

Bassendean Community Hall 48 Old Perth Road, Bassendean (downstairs)



#### Register

These sessions will be run through the RElax Program. Visit https://www.trybooking.com/CJJTL to register. Spots are limited.

For more information, please visit <u>foodbank.org.au/learncookshare</u> or contact learncookshare@foodbankwa.org.au



Feed. Educate. Advocate.

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### MIDVALE HUB PARENTING SERVICE PERTH NORTH EAST

FREE parenting programs, workshops and support for parents and carers of children aged 0 - 18 years and reside in the local government areas of Mundaring, Swan, Bassendean & Bayswater

> Please scan the QR code to see our Term 3 2023 planner





Midvale Hub Parenting Service (Perth North East)

Telephone: (08) 9290 6827

Email: parentingservice@mundaring.wa.gov.au

TOPICS INCLUDE:
CIRCLE OF SECURITY PARENTING
TUNING IN TO KIDS
BRINGING UP GREAT KIDS
LET'S TALK TOILET TRAINING
SUPPORTING YOUR CHILD'S EMOTIONAL DEVELOPMENT
EMOTION COACHING YOUR CHILD
PROTECTIVE BEHAVIOURS PARENTING WORKSHOP
BUILDING YOUR CHILD'S RESILIENCE
ANXIETY AND YOUR CHILD
PROMOTING POSITIVE BEHAVIOURS



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Helping Minds offers a range of free workshops which are designed to enhance your understanding & confidence around promoting good mental health and navigating mental health challenges personally and professionally.

Visit <a href="https://helpingminds.org.au/mental-health-education/">https://helpingminds.org.au/mental-health-education/</a> for more information.



For parents/caregivers of children 2-10 years

90-minute workshop

- What mental health challenges look like in children
- Identify risk and protective factors associated with self-resilience
- · Develop supporting strategies
- Customise resilience-building activities to the unique needs of the child



For adults, teachers and community groups

One-hour workshop

This workshop aims to increase knowledge and understanding about:

- · Investigating protective factors
- Living out the Mental Healthy WA "Act Belong – Commit" message
- · How to check in with a friend



For adults and community groups
One-hour workshop

This workshop aims to increase knowledge and understanding about:

- Identifying signs and symptoms of common mental health challenges
- · Talking to someone you are worrying about
- Accessing and referring to support services



For Primary School Staff 90-minute workshop

This workshop aims to increase knowledge and understanding about:

- · Investigating anxiety in young people
- Recognising and understanding emotions and feelings
- Supporting strategies to promote confidence and independence
- Implementing mindfulness in the classroom



For adults and community groups
One-hour workshop

This workshop aims to increase knowledge and understanding about:

- Social media and links to mental health issues
- Recognising risks; fear of missing out, addiction and loneliness
- Cyber-bullying
- Promoting healthy and safe social media use



For any adults or groups 30-minute workshop

This workshop aims to increase knowledge and understanding about:

- · HelpingMinds Free Services
- · How to access them
- · When to access them

