ST MICHAEL'S SCHOOL

BASSENDEAN (EST 1914)





Newsletter #15 Term 3 Week 9 Friday 15 September 2023

In this issue...

Principal's Message

Faith For The Journey

Merit Award Winners

Key Dates

Assistant Principal's News

Class News

P&F News

Community News

St Michael's School is a school community founded by the Sisters of Mercy in 1914.

We aspire to be a secure, caring learning environment where commitment to Faith, Truth, Service and Compassion are encouraged as a way of life.

a: 3 James Street, Bassendean WA 6054 ph: 08 6278 9888

www.stmichaelsbass.wa.edu.au
e: admin@stmichaelsbass.wa.edu.au

MESSAGE FROM THE PRINCIPAL



Dear Parents and Caregivers,

Thank you to all community members who participated so enthusiastically in our Book Week parade on Monday! This is a fun event to promote a love of literature and the wonderful creativity that went into the costumes was admirable. Thank you to the P & F for donating book prizes. Our thanks also goes to the P & F for co-ordinating our annual book fair. Thank you to all parents and family members who supported Open Night and the book fair - monies raised are used to purchase new books for our school library!

Congratulations to all our teachers who spent many hours preparing classrooms for Open Night. Our thanks also go to the staff who attended our school camp last week. Many hours were spent in preparation for camp and they gave up their comfortable beds, family time and sleep to supervise students 24 hours a day! Yet another example of school staff going over and above for our students - thank you to Emily Hindle, Nina Campagna, David Caddy, Lola Stewart and Michael Sheridan. Our appreciation also goes out to the many staff members who visited camp, particularly in their own time after school.

2024 Planning

Planning is now in full swing for the 2024 school year. A reminder that if your child is not returning to St Michael's next year, we require notification in writing by the end of this term (except for current year 6 students). As per our enrolment processes, we require one term of notice. If we do not receive reasonable notice, we will pass on costs incurred such as iPad leasing costs, book list costs etc. Please email admin@stmichaelsbass.wa.edu.au by Friday 22 September.

2023 School Fees Due

A reminder to parents who are not on a direct debit or payment plan, that school fees are due to be paid in full by 31 October 2023. If you are unable to pay your account by this date, please contact our finance manager, Peta Santella on 6278 9888, to arrange a meeting to discuss.

Term 4 Commencement Date

A reminder that Term 4 commences for students on Tuesday 10 October. On our student free day (Monday 9 October), staff will be participating in a faith formation day at Holy Cross College.

NAPLAN

Our 2023 years 3 & 5 NAPLAN results have been released. We are very pleased with our overall school results which are summarised on the following page.

Catholic Primary Principals Association (CPPA) Conference

I will be joining Catholic primary principals from around the state on the annual CPPA Conference from Wednesday to Friday next week (20 - 22 September). Mrs Jo Borg will be in charge during my absence.

Thank you and farewell to our Term 3 practicum student (Year 2), Mr Griffin Binning. We wish Griffin all the best for his future teaching career! Thank you to all our parents and caregivers for your ongoing support this term and I wish you all a safe and enjoyable school holiday period! Travel safely for anyone hitting the roads or the skies for a well-deserved vacation!

God bless

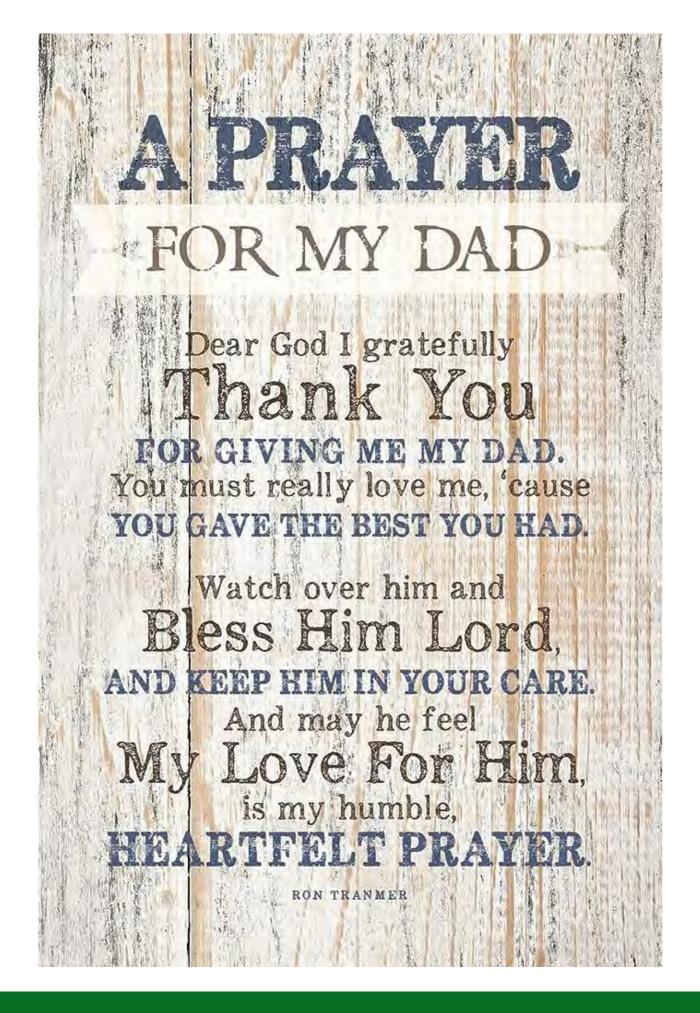
Dr Siobhan Galos Principal

MESSAGE FROM THE PRINCIPAL

2023 NAPLAN Results

Year Three	St Michael's Mean	All Australian Schools Mean
Reading	425	404
Writing	414	417
Spelling	420	404
Grammar	442	409
Numeracy	425	407
		All Australian Schools
Year Five	St Michael's Mean	All Australian Schools Mean
Year Five Reading	St Michael's Mean 524	
		Mean
Reading	524	Mean 496
Reading Writing	524 521	Mean 496 483

FAITH FOR THE JOURNEY



WE'RE OFF TO SEE THE WIZARD!



KEY DATES

15 September

20 September

20 September

21 September

21 September

21 September

22 September

10 October

11 October

12 October

13 October

13 October

P&F Quiz Night

Mercy Day

Mercy Day Mass

3YOP School Photos

Interschool Athletics Carnival

Assembly

Last Day of Term 3

Term 4 Begins for Students

Year 5 & 6 Family Life Education

Rugby WA Clinic

Edu-Dance

Year 6 Dance Lessons





PERFORMING ARTS FESTIVAL

OUTSTANDING - Year 4 - Choral Speech MERIT - Isla S - Piano Performance MERIT - School Choir - Choral Singing

ANGELICO ART EXHIBITION

Participation Certificates awarded to:

Year 6 - Emily Q, Eimi N.
Year 3 - Olivia L, Neave F.
Year 2 - Imogen B.
Pre-Primary Class

















VOTE FOR US IN THE QCE AWARDS!



We are so proud of all the wonderful things happening at St Michael's School.

We are excited to announce that our GROWTH Program has been entered into the QCE People's Choice Award in the Education category.

The 2023 QCE Awards recognise programs and initiatives in Catholic schools across Western Australia that support the vision of providing Christ-centred, student-focused engaged learning environments.

Please vote for us by clicking here.



The St Michael's GROWTH Program is a new initiative in 2023 that provides the children in Years 4–6 with an opportunity to develop their God Given Gifts, Recreation interests, Occupational potential, Wellness, Talents and Health. The children were provided agency to select a workshop in an area they would not ordinarily be able to access in our primary school curriculum. Staff and volunteers from the community delivered the workshop one afternoon a week over a 5 week block each term.



MERCY DAY - NEXT WEDNESDAY!

Mercy Day 2023

Join the St Michael's School community celebrating Mercy Day. We will celebrate School Mass followed by stalls raising money for the Sisters of Mercy.

Wednesday 20 September

9am School Mass

11:10am-12:30pm Mercy Stalls

Free dress based around the colours of blue and white (Gold Coin Donation)

Hot dog lunch provided by P&F

Faith Compassion Truth Service

MERCY DAY - NEXT WEDNESDAY!

MERCY DAY SEPTEMBER 20



FREE SAUSAGE SIZZLE FOR ALL STUDENTS!

NO OTHER LUNCH ORDERS AVAILABLE FROM THE CANTEEN. RECESS, DRINKS, ICE CUPS, ICE CREAMS AND ICY POLES WILL ALL BE AVAILABLE.

ASSISTANT PRINCIPALS' NEWS

Mercy Day

Next Wednesday 20 September is our annual school feast day where we celebrate our Catholic ethos and Mercy tradition on Mercy Day. Students and staff wear free dress with a blue theme to acknowledge and make a connection to the colour of the Mercy cross.

Children celebrate our Christian charism throughout the day including a whole school Mass in the morning, activities that explore the histories and namesakes of our four factions (Mercy, McAuley, Morahan and Kelleher), a shared sausage sizzle lunch and class stalls.

The Kindergarten class is going to be holding a secondhand toy stall. If you have any toys that are in good condition that you are able to donate, please place them in the basket on the Kindergarten verandah.

The Year 3 class is going to be running a book stall. If you have any new or secondhand books in good condition please bring them to the basket in Year 3. Many stalls are designed for the children to participate in the games or purchase items for small denominations so a few 50c, \$1 or \$2 coins are preferred for the best experience.



Interschool Athletics

Next week, the top performing athletes from our Athletics Carnival will represent St Michael's School in the Interschool Athletics Carnival at Ern Clark Athletics Track. We wish these athletes well as they compete against the other schools in our region in running and team game events. For any parents attending on the day, there will be a coffee van, cake stall and a raffle for you to enjoy.

Mobile Phones

A reminder that if you decide to send your child to school with a mobile phone, it needs to be stored at the office. This will keep the phone safe and protect the privacy of your child and other children. If you need to make contact with your child during school hours, contacting the office will always be the most effective and efficient way.

Parking

A reminder to parents and caregivers that the yellow marked bays on James Street are strictly no parking between 8:20-9:00am before school and 2:30-3:15pm in the afternoon (on school days). This zone is purely for student drop off and parents are not to exit their vehicles as this creates congestion. If your child requires help to exit the car, please use a parking bay. Thank you for your cooperation.

Medication at School

A reminder if your child requires any medication to be administered while at school, a Student Medication Request form is to be completed. All medications (except Ventolin/Epipen) must be safely stored in administration, and not left in school bags or lunch boxes.

Warm regards, Mrs Jo Borg and Mr Michael Sheridan Assistant Principals

SOCIAL MEDIA

Stay up to date with what is happening at St Michael's School. Please follow us at:

https://www.facebook.com/stmichaelsbass
https://www.instagram.com/stmichaelsbassendean





OPEN NIGHT

Thank you to everyone who came to our Open Night & Community Book Fair on Wednesday. It was wonderful to see so many people come through the gates who were amazed at the work being done in classrooms at St Michael's School.























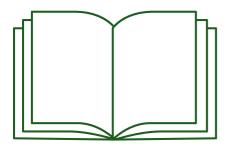




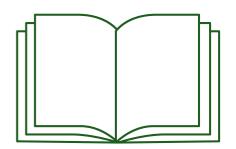




OPEN NIGHT



Special thanks must also go to our P&F who coordinated the Book Fair this week. All proceeds will go back to our Library to purchase more books for all of our students.































BOOK WEEK PARADE



The St Michael's Book Week
Parade is always a highlight on our
school calendar. The costumes,
accessories and book characters
were exceptional. The love of
literature is alive and well at
St Michael's School!

















BOOK WEEK PARADE

Congratulations to the following students who won prizes, kindly donated by the P&F:

- * Dylan W (Kindy) * Teddy F (Pre-primary) * Hugo T (Year 1) * Madeline J (Year 2) *
 - * Sabine L (Year 3) * Zachary L (Year 4) * Molly F (Year 5) * Olivia W (Year 6) *
 - * Overall Boy Andrew L (Kindy) *
 - * Overall Girl Olivia L (Year 3) *



















YEAR 5 & YEAR 6 CAMP



Our Year 5 & Year 6 students had an amazing time at their four day camp to Ern Halliday Recreation Camp in Hillarys last week.

The students completed a large range of team building activities such as archery, flying fox, rock climbing, mountain biking, and orienteering.





















YEAR 5 & YEAR 6 CAMP



Special thanks must go to Miss Campagna, Miss Hindle, Mr Caddy, Mrs Stewart and Mr Sheridan for organising and attending the four days. Mrs Galos and Mr Binning visited on some days and many other staff members joined the happy campers for dinner and games at the end of each day.





















R U OK? DAY

The Year 1s completed activities for R U OKAY? Day. They spoke about caring for friends, asking people if they are ok, showing love to the people they care for and how to be a good friend.

They learnt that being a 'listening legend' helps us when we are talking to our friends.



ENVIRONMENT MINISTRY

The Year 6 Environmental Ministry and Miss Hindle have begun working on the St Michael's Recycling Centre. We now have a collection point for old printer and toner cartridges, used oral care products plus unwanted mobile phones and accessories.



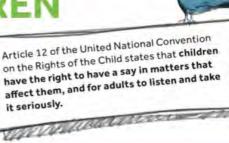


THREE YEAR OLD PROGRAM



SOCIAL WORKER NEWS

TIPS FOR
TALKING TO CHILDREN
ABOUT PERSONAL
Article 12 of on the Right have the right



WHAT WE KNOW:

- Children have the right to feel able to speak up, and to be listened to, respected and believed.
- When we "tune into" children in everyday situations about even small worries, children are more likely to trust us and feel comfortable to tell us if something big is wrong.
- Speaking regularly to children about their safety is a powerful way to build open communication with them.
 - It is always the responsibility of adults to keep children safe from harm child abuse is never a child's fault.

IDEAS FOR PARENTS AND CAREGIVERS:

- Help children to identify trusted adults (both within the family and outside) they can talk to, if they are worried, upset, or don't feel safe. Create a list together. Make sure the trusted adults know they are on your child's list.
- Remind children that they can talk to you or a trusted adult about anything, no matter how big or small their worry might be.
- Talk to children about how they know when they feel safe or unsafe. Help them to listen to their early warning signs (how their body feels), and to trust their feelings and instincts.
- Use everyday activities (such as preparing meals and snacks, going for walks, playing, shopping) as opportunities for conversations. If children are used to having lots of communication, it can make it easier to talk when big or tricky issues come up.
- Be open to talking about all kinds of feelings, including anger, joy, frustration, fear and anxiety. This helps children to develop a 'feelings vocabulary'.
- Show children that you can respond sensitively to negative emotions as well as positive ones when they express their anger, embarrassment, sadness or fear.
- Don't rush into problem-solving. Your child might just want you to listen, and to know that their feelings and point of view matter to someone.

OTHER RESOURCES AND INFORMATION:

- 7 Steps to Safety a tool for families to give children the skills and confidence they need to feel and be safe at home: www.territoryfamilies.nt.gov.au/children-and-families/7-steps-to-safety
- Australian Council on Children and the Media: www.childrenandmedia.org.au
- Office of the eSafety Commissioner: www.esafety.gov.au/education-resources/iparent
- Raising Children Network: www.raisingchildren.net.au
- Talk soon. Talk often.
 A guide for parents talking to their kids about sex:
 www.healthywa.wa.gov.au/Articles/S_T/Talk-soon-Talk-often
- National Society for the Prevention of Cruelty to Children (United Kingdom): www.nspcc.org.uk
- Net Aware (United Kingdom): www.net-aware.org.uk

If you work in an organisation that would like to know more about how to create a child-safe culture, contact NAPCAN about available training,

> For more information about how you can play your part visit: www.napcan.org.au





ST MICHAEL'S UNIFORM SHOP

Uniform orders can be placed online with Jenny Franklin Enterprises (jfe) by visiting jfe.net.au.

Select the orders tab and enter our school code 8539.

The jfe website will have the uniform price list and more information available to parents.

The uniform shop will open during school terms every Friday morning from 8.30am to 9.00am.

Uniforms can be tried on for size and purchased at this time and EFTPOS facilities will be available.

Online orders placed prior to 12 noon Thursday will be delivered to classrooms on Fridays.

Exchanges / refunds are to be made within 14 days of purchase date.

All goods must be returned in their original condition, not having been worn or washed, however we do not refund due to change of mind.

Refunds/exchanges, will all be at jfe discretion.

jfe reserves the right to repair any garment due to a fault in manufacture and will do so in a timely manner.



PARENTS AND FRIENDS NEWS



SINCERE THANKS TO ALL OUR AMAZING SPONSORS



PARENTS AND FRIENDS NEWS



WINE FUNDRAISER ST. MICHAEL'S SCHOOL P&F



Place Your Order At The Following Link:

https://wacellars.com.au/fundraising/st-michaels-school-pf-association/

By purchasing some incredible Australian wines our friends at WA Cellars will donate \$36,00 per case or \$3.00 per bottle sold from this fundraising page right to the St Michael's School P&F Team for school community development.

	RED & WHITE WINES
Margaret River Semillon Sauvignon Blanc	Tropical fruits and fresh citrus aromas, on the palate displays of stone fruits accompanied with refreshing citrus acidity finish.
Margaret River Sauvignon Blanc	Lifted aromas of cut grass, subtle citrus, and underlying gooseberry. Palate flavours include passionfruit, and lemon zest.
Clare Valley Moscato	This is a lighter bodied wine with rich, fresh summer fruits and grape flavours or the palate, with a sweet muscaty characteristic to it.
Southwest Chardonnay	Flavours of rock melon, peach and hazelnut carry through on the palate with a creamy texture and a soft, mouth-watering acidity.
Margaret River Rose	The palate is full of wild ripe strawberries with a fleshy mid palate and bright acid profile. Great Dry style Rose.
Margaret River Shiraz	Medium bodied in weight, this wine displays lifted fruits of plum and blackberry with vanilla oak influence and an abundance of grainy tannins
Margaret River Cabernet Sauvignon	Aromas of blackcurrant, blueberries, and dark chocolate mint supported with silk tannins. Best serve with Curry.
	SPARKLING WINES
South Australian Sparkling White N/V	Pale straw with a light green and gold hue, this wine displays lifted citrus characters on the nose with a light yeastiness. The palate is soft and fruity, leading to a crisp natural acid finish. Great value bubbles for any occasion.
Victorian Prosecco NV	Light and refreshing, but not mouth filling, an aperitif or session wine, dry but enough sugar to prevent it being harshly dry.
	FORTIFIED WINES
South Australian Tawny Port 5YO	Lifted spice and black cherries with integrated spirit. Black cherries, spicy oak notes and nutty complexity.

Further information:

- + Orders with applicable donations can only be made via the website link listed above.
- · You may mix your order of wine any way you like.
- · Postage charges will be determined at checkout.
- · All orders are posted via Australia Post which you will receive an email notification and tracking information.
- If you have any queries regarding your order, please call Ashleigh on 0416 419 913
- \$36 per case or \$3.00 per bottle purchased from the link above will be donated to the nominated organisation



The inclusion of any community advertising does not constitute or imply endorsement, sponsorship or recommendation thereof by St. Michael's School.

St. Michael's does not accept any responsibility or liability for the conduct or content of these advertisements, sites and the offerings made by the third parties.



The inclusion of any community advertising does not constitute or imply endorsement, sponsorship or recommendation thereof by St. Michael's School.

St. Michael's does not accept any responsibility or liability for the conduct or content of these advertisements, sites and the offerings made by the third parties.

VacSwim

Enrolments now open!
Places are limited, so get in early.



Enrolments are now open for VacSwim swimming lessons during the summer school holidays. VacSwim offers fun lessons at beach or pool locations. They are a great school holiday activity and they teach valuable safety skills to help keep your child safe in the water.

ENROL AT EDUCATION.WA.EDU.AU/VACSWIM

The inclusion of any community advertising does not constitute or imply endorsement, sponsorship or recommendation thereof by St. Michael's School.

St. Michael's does not accept any responsibility or liability for the conduct or content of these advertisements, sites and the offerings made by the third parties.



Learn. Cook. Share.



Learn. Cook. Share. For your community

Put the fun back into mealtimes

Join Foodbank WA's university qualified nutritionist for a free, hands-on, and fun healthy eating and cooking, 3 weeks program.

Enjoy getting to know other people, learn healthy eating tips and take-home free recipe books with the Learn. Cook. Share. sessions which will be run through the Town of Bassendean RElax Program.

Learn

- » Healthy eating and tips to make meals enjoyable
- » Label reading and food safety
- » Food shopping on a budget
- » Quick, easy, delicious, low-cost recipes
- » And more...



When

Wednesday, 23 August 2023 Wednesday, 30 August 2023 Wednesday, 6 September 2023 12:00 PM - 2:30 PM



Where

Bassendean Community Hall 48 Old Perth Road, Bassendean (downstairs)



Register

These sessions will be run through the RElax Program. Visit https://www.trybooking.com/CJJTL to register. Spots are limited.

For more information, please visit <u>foodbank.org.au/learncookshare</u> or contact <u>learncookshare@foodbankwa.org.au</u>



Feed. Educate. Advocate.

The inclusion of any community advertising does not constitute or imply endorsement, sponsorship or recommendation thereof by St. Michael's School.

St. Michael's does not accept any responsibility or liability for the conduct or content of these advertisements, sites and the offerings made by the third parties.

Romana Sardon ART & DESIGN

Art & Pattern Design romanasandon.com



Sustainable Building & Interior Design rsdesigns.com.au

romona@rsdesigns.com.au +61 417 950 196



Special thanks to the Danish Patisserie in Bassendean for providing our P&F with discounted goods for our Father's Day Breakfast.

The inclusion of any community advertising does not constitute or imply endorsement, sponsorship or recommendation thereof by St. Michael's School.

St. Michael's does not accept any responsibility or liability for the conduct or content of these advertisements, sites and the offerings made by the third parties.



MIDVALE HUB PARENTING SERVICE PERTH NORTH EAST

FREE parenting programs, workshops and support for parents and carers of children aged 0 - 18 years and reside in the local government areas of Mundaring, Swan, Bassendean & Bayswater

> Please scan the QR code to see our Term 3 2023 planner





Midvale Hub Parenting Service (Perth North East)

Telephone: (08) 9290 6827

Email: parentingservice@mundaring.wa.gov.au

TOPICS INCLUDE:
CIRCLE OF SECURITY PARENTING
TUNING IN TO KIDS
BRINGING UP GREAT KIDS
LET'S TALK TOILET TRAINING
SUPPORTING YOUR CHILD'S EMOTIONAL DEVELOPMENT
EMOTION COACHING YOUR CHILD
PROTECTIVE BEHAVIOURS PARENTING WORKSHOP
BUILDING YOUR CHILD'S RESILIENCE
ANXIETY AND YOUR CHILD
PROMOTING POSITIVE BEHAVIOURS



The inclusion of any community advertising does not constitute or imply endorsement, sponsorship or recommendation thereof by St. Michael's School.

St. Michael's does not accept any responsibility or liability for the conduct or content of these advertisements, sites and the offerings made by the third parties.

Helping Minds offers a range of free workshops which are designed to enhance your understanding & confidence around promoting good mental health and navigating mental health challenges personally and professionally.

Visit https://helpingminds.org.au/mental-health-education/ for more information.



For parents/caregivers of children 2-10 years

90-minute workshop

- What mental health challenges look like in children
- Identify risk and protective factors associated with self-resilience
- · Develop supporting strategies
- Customise resilience-building activities to the unique needs of the child



For adults, teachers and community groups

One-hour workshop

This workshop aims to increase knowledge and understanding about:

- · Investigating protective factors
- Living out the Mental Healthy WA "Act Belong – Commit" message
- · How to check in with a friend



For adults and community groups
One-hour workshop

This workshop aims to increase knowledge and understanding about:

- Identifying signs and symptoms of common mental health challenges
- · Talking to someone you are worrying about
- Accessing and referring to support services



For Primary School Staff 90-minute workshop

This workshop aims to increase knowledge and understanding about:

- · Investigating anxiety in young people
- Recognising and understanding emotions and feelings
- Supporting strategies to promote confidence and independence
- Implementing mindfulness in the classroom



For adults and community groups
One-hour workshop

This workshop aims to increase knowledge and understanding about:

- Social media and links to mental health issues
- Recognising risks; fear of missing out, addiction and loneliness
- Cyber-bullying
- Promoting healthy and safe social media use



For any adults or groups
30-minute workshop

This workshop aims to increase knowledge and understanding about:

- · HelpingMinds Free Services
- · How to access them
- · When to access them

